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Scottish Covid-19 Inquiry

Day 58

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Thursday, 7 November 2024 1 Q. And prior to that from late 2020 to August 2020 you were 2 MS VAN DER WESTHUIZEN: Good morning. deputy head at e-Sgoil. 3 THE CHAIR: Good morning, Ms van der Westhuizen. Now you 3 A. That's correct, yes. Q. And then prior to that you were principal teacher at 4 have a witness for us. 4 MS VAN DER WESTHUIZEN: I do, my Lord. It's e-Sgoil for STEM subjects? Mr Steven Graham who is joining us today from Stornoway 6 A. That's correct, yes. via video link. 7 Q. Thank you. And that was from August 2018? THE CHAIR: Yes, of course. Now, good morning, Mr Graham, A. August 2019. I believe. 8 8 9 can you hear us in Stornoway? Q. Mr Graham, would you mind explaining broadly, give us an 10 MR GRAHAM: Good morning. I can't hear, Lord Brailsford, I 10 outline of what e-Sgoil's offering was pre-pandemic? can't hear. 11 11 A. E-Sgoil is an online education provider which was THE CHAIR: Just in any case, I'll speak louder, still not 12 12 established in 2016 in the Western Isles, initially 13 conceived to be a local solution to a local problem to hear me? 13 14 MS VAN DER WESTHUIZEN: I suspect you won't be saying a huge 14 provide a degree of resilience to the system whereby we 15 amount. I'm very presumptuous, my Lord, I'm assuming. 15 could support schools who were having recruitment 16 THE CHAIR: You're probably correct. 16 challenges by beaming in a teacher remotely on timetable MS VAN DER WESTHUIZEN: I can always translate if it 17 17 to provide live specialist input into a school that was 18 18 having difficulty to recruit. continues. 19 THE CHAIR: As long as Mr Graham can hear you, I think the 19 Now, with conversations that took place between our 20 best thing is to start. I can hear him and you. Whilst 20 own Education Department here in the Western Isles and 2.1 you are doing that, the technicians can work behind the 2.1 Scottish Government, Scottish Government backed the 22 22 scenes to see if they can sort out my voice: all right? project and gave it a national mandate, as did Bord na 23 MS VAN DER WESTHUIZEN: Thank you, my Lord. 23 Gàidhlig and since our inception in 2016 we have been 24 THE CHAIR: Right, I should have said good morning, 24 supporting schools to avail themselves of our online 25 Mr Graham, my apologies. 25 supply back in order to plug gaps and add a greater 3 A. Good morning, my Lord. 1 degree of resilience to the system. 2 STEVEN GRAHAM 2 And it's maybe interesting to note that prior to the 3 Examination-in-chief by MS VAN DER WESTHUIZEN 3 creation of e-Sgoil, I'm reliably informed that 4 MS VAN DER WESTHUIZEN: Mr Graham, please could you confirm 4 conversations were taking place between our own Director vour full name? Of Education, Bernard Chisholm, and Scottish Government A. Steven Graham. around the additional support and resilience a service 6 7 Q. And you have given a witness statement to the Inquiry? 7 such as e-Sgoil would provide to the system in the event A That is correct 8 8 of a mass disruption event, such as a global pandemic. Q. My Lord, that can be found using witness statement Whether or not anybody actually foresaw that coming a 10 reference number WT0381. 10 few years later as a reality, I cannot comment, but it 11 And I understand, Mr Graham, that the statement you 11 is interesting just to note that it was a proactive 12 prepared had some input from your colleague 12 step, I would say, taken by Scottish Government to 13 Richard Tarves who's a business manager at e-Sgoil; is 13 establish e-Sgoil and give it that national remit from 14 that correct? 14 its inception. 15 A. That's correct, yes. 15 Q. Thank you. So pre-pandemic, essentially an online 16 Q. And Mr Tarves provided a statement and the reference for 16 supply service, you were providing supply teachers to that, my Lord, is WT0820. 17 17 schools who were unable to staff particular subjects; is 18 18 Mr Graham, I'll just set out what I understand your that correct? 19 history to be, your teaching history. You have been a 19 A. That was correct, yes. It's an issue that affects 20 teacher for 17 years of which seven have been at 20 schools both in urban and -- primarily in rural 2.1 e-Sgoil; is that correct? 2.1 districts $% \left(1\right) =\left(1\right) \left(1\right) \left$ 22 A. That's correct, ves. 22 schools with supply issues, we would also be providing 23 Q. And you currently and have been since August 2022 the 23 enrichment opportunities, maybe aggregating classes

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across schools for particular events, doing a bit of

school twinning, and maybe adding a greater degree of

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25 A. That's correct.

head of school at e-Sgoil; is that right?

1 equity to subject choices as well, where that was Improvement Collaborative based around the Greater 2 appropriate, and doing some Gaelic enrichment as well. Glasgow area and they were accumulating a bank of 3 working in partnership with Scottish Government's Gaelic recorded resources, recorded videos that would guide 4 and Scots Division. children and young people through particular areas of 5 Q. And was that a paid for service? the curriculum so that the various different A. All of the supply that we were delivering would be paid 6 stakeholders of the national e-learning offer would be for by either the school or the local authority. The in close communication, working in partnership, seeking 8 enrichment tended to be fully funded as a result of 8 to complement one another's work and ensuring there was 9 funding secured either through Gaelic specific grant or 9 no duplication taking place. 10 10 Q. Thank you. So just in terms -- you say at paragraph maybe some other Education Scotland funding that had 11 become available. 11 19 -- vou talk about: 12 Q. And I think you specifically mentioned webinars, did you 12 13 supply webinars to support people learning online? 13 make itself known within the country, we were very aware 14 A. Not prior to the pandemic. 14 that schools, through no fault of their own, were not 15 15 Q. No. ready or digitally able to deliver online education. 16 A. That's something that was established as a result of the The tools that existed within GLOW, the Scottish 17 lockdown and continues. 17 school's intranet, were not at the time sufficient to 18 Q. Thank you. That pre-pandemic offering, was that offered 18 allow live interactive online lessons." 19 19 principally in primary schools or secondary schools or a 20 mixture of both? 20 lead e-Sgoil to do? 21 A. It was offered to both primary and secondary, but the 21 A. Prior to -- in the early days of COVID, the e-Sgoil team nature of the staffing challenges that typically affect 22 22 was very small, it really consisted of a handful of key 23 schools meant that the vast majority of the work that we 23 individuals and we looked to leverage the potential of 24 2.4 engaged in before the pandemic was supporting secondary that team and tried to take it upon ourselves to put out 25 schools with specialist supply input. 25 an offer based around the capacity that we had within Q. Excuse me. At paragraph 17, should be up in front of 1 1 2 2 you soon, you say that: 3 "When COVID-19 hit, the Scottish Government funded 4 e-learning offer was established." 5 Could you just explain what you mean by 6 "established" in that context and also whether that 6 concept of e-learning offer existed as a concept before 7 8 8 9 A. To my knowledge, there was no national e-learning offer 9 10 10 as is it currently stands prior to the COVID pandemic. 11 The COVID Education Recovery Group was established in 11

April 2020 and as part of that a few months in the

national e-learning offer was developed in response to

that -- in response directly to the COVID Education

Recovery Group and it comprised of three key elements.

It was there to support and complement the work that

August 2020 with three elements, as I say, one which was

schools were already doing and it launched in

live, which was delivered by ourselves so live,

resources that had been pulled together by

interactive, learning opportunities for schools and

learners, the supported element was a curated bank of

Education Scotland and the recorded element was the

was a subdivision of the West Partnership Regional

third and that was overseen by West Online School which

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our own team. And what we felt was needed was some sort of online live interactive community whereby we could support young people who were coming to the end of courses at that time. I think the exam diet had been cancelled, but in terms of preparing them for courses in the next academic year, we took it upon ourselves to put out an offer there. I was delivering national 5 maths myself three times a week to an aggregated cohort of young people from

"March 2020 onwards, when COVID-19 had started to

So what steps were taken or what did that awareness

across the country. We were working in partnership with other organisations, such as Keep Scotland Beautiful. Scotland Centre for Languages, to pull together what we could to provide opportunities for young people to engage with learning from their home, where they had the connectivity to do that.

As you mentioned Glow at that point, which is Scotland's schools intranet, it did not allow for live video calling and within Microsoft Teams that function wasn't enabled at that point. So we were using another product that we had brought in and that we were using to deliver our core e-Sgoil work service and that -- that although it worked well with the purposes pre-pandemic, it did struggle when it came to scaling it up onto a national scale, such as what was required when the lockdown hit and impacted on every young person

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1 throughout Scotland. 2 So that was I suppose the pilot phase of what became 3 known as the live element of the national e-learning 4 offer. 5 Q. And you mentioned, following on from paragraph 19, work 6 that you did with Education Scotland's curriculum 7 innovation team and with -- work you did alongside 8 Scholar, the Scottish online study platform. Is that 9 what you were referring to there or is that something 10 else? $11\,$ $\,$ A. That's correct, yes. As part of the webinar programme 12 that we put out at that point in time, we were looking 13 to maximise the use of what was already out there in the 14 system. Scholar is an online interactive learning 15 platform that at that point I think was accessible to 16 young people from 30 out of the 32 local authorities and 17 so as part of the webinar that I was delivering, I would 18 be signposting the young people to particular resources 19 that were posted on Scholar that they could engage with 20 and would allow for their teachers to see their progress 21 as well. 22 Education Scotland's curriculum innovation team were 23 very much embedded in all e-Sgoil activities as soon as 2.4 the lockdown came upon us. They were the interface, 25 I would say, between ourselves and the Scottish

Government and were collaborating on that offer and working with other partners and stakeholders as well to ensure that it was fit for purpose and that it met the needs of schools and young people.

Education Scotland's staff were made available to us and were deployed to actually lead in some of these webinars and also help to prepare some of the resources and provided support where that was possible and it wouldn't have necessarily been apparent to schools and young people that some of the teachers delivering these webinars were in fact Education Scotland staff who had been redeployed for that purpose to support learners in

Q. Thank you. And you say at paragraph 23:

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"When the digital team came on board ... we were able to launch something of an online school."

And then you go on to talk about some challenges. Could you elaborate on some of the challenges of delivering that online school that you experienced? You talk about Glow not allowing for Teams and you talk about issues with VScene, if you wouldn't mind

22 elaborating on some of those challenges.

23 A. Yes. Around the time that COVID came upon us in 24 March 2020, e-Sgoil had started up a recruitment process 25 to recruit a team of digital deputy heads. That was in

partnership with the Northern Alliance, which was the regional improvement collaborative that stretched across the north of Scotland, and had that not been in place, e-Sgoil would not have been in a position to respond in the way that it did when schools returned and young people were perhaps isolating and shielding.

So what that allowed was six digital deputes to be in place in August 2020 to support with what was at that point essentially an online school. As you know, young people, all young people had returned to school by the point of August 2020, but there were a number who were shielding and who were isolating for a period of up to two weeks and we were tasked with supporting schools to meet the needs of the young people at that point. Now, prior to -- I'm not absolutely sure when Teams within Glow enabled videoconferencing, but prior to that we were using the VScene product that I described earlier that was struggling with the sheer demand that was placed upon it when it came to delivering it at a national level. So when Teams did -- when Teams did enable videoconferencing within Glow, that then allowed for us to really ramp up in terms of the scale of support that we were able to provide young people with, because we had something that was reliable and could cope with the numbers that was requiring support.

So essentially what the online school offer looked like, it was a twin-track approach, where we had a team of staff who were supporting small cohorts of learners for a period of up to two weeks and they had almost a rotational curriculum, where they had a bank of resources that would see them through, maybe over the course of a month, and they could then go back and reteach the same lessons with different cohorts of young people. But at the same time we had young people who were perhaps immunnocompromised and could not return to school and were needing to be supported for a longer period of time and that then required for a different team of staff to support the long-term learners and from that really we were able to establish something of a provision for interrupted learners, which is something I know we're going to come on to discuss.

Q. We'll come on to discuss that in a moment.

 Mr Graham, you describe in paragraph -- sorry, how long did it take -- so were those challenges with Glow and VScene ironed out by August 2020 or did they continue beyond that?

22 A. By August 2020 my understanding is that video calls had been enabled within Teams. We were in close contact with Education Scotland's Glow team from March 2020 onwards and I think they were very aware themselves of

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the need to enable that and I think it was once all safeguarding concerns had been seen to and everyone was confident and assured that everything that should be in place was in place, that switch was flicked and it then allowed for not just ourselves to deliver live lessons through Glow, it allowed for any school who -- or any school teacher who wished to do the same to do that via

Q. Thank you. At paragraph -- sorry --

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I just wanted to ask you in paragraph 130 you talk

"We know schools were not ready to be able to give online lessons. E-Sgoil tried to play its part in preparing as quickly as possible at the start of 2020, but it became evident that it was a real patchwork job. I do not think anyone had fully considered the implications of closing schools and delivering online lessons or what its immediate and longterm consequences would be "

Would you care to elaborate slightly on that? A. I think no teacher as part of their training prior to 2020 would have had any experience of delivering online or even preparing a lesson that would be suitable for an online environment. I think the pedagogy and the teaching style and the upscaling in terms of digital

tools and competency is not something that was typical across the learning estate.

I think, you know, schools did their best and I mean I myself in the period of lockdown was at home with a six-year-old, a four-year-old and a three-week-old child and so a lot of teachers did not have the capacity to teach from home in the way that they would have done had they been in the school building. And I think, anecdotally, we hear that some schools perhaps were much better placed to move online, young people maybe had devices and had been trained in how to use various different digital tools, whereas other schools were not as far advanced on that journey and young people maybe didn't have the devices available to them.

And the other point I would make is that I suppose some young people felt that they maybe got too much, other young people and their parents maybe felt that the didn't get enough, so I think everyone's experience was different and it depended on a whole host of different issues. Some teachers were involved in being on duty during hub schools, others were not. Some were, as I say, had caring responsibilities at home. Some had digital connectivity which was good, some did not. And I think it did become, I suppose, a bit of a postcode lottery. And that's not meant as a criticism of

teachers or schools at all. It's just, I think, reflective of the reality of the situation that we found ourselves in when the lockdown was enforced.

4 Q. Thank you. I think before we come on to speak about i-Sgoil, if I could just ask you to comment on just a 6 few of the particular cohorts of learners that you were delivering learning to. You have a fairly full list starting at 105, but if we could focus just on initially the students who were learning -- had English as a 10 second language and what you were doing to assist them.

11 A. Yes, we would always -- I would seek to summarise everything that we do at e-Sgoil under the heading of "removing barriers" and what initially when e-Sgoil was established we were looking at tackling geographic barriers and staffing barriers.

> Now, COVID was a great leveler that put the same barrier across every child and young person in Scotland, but what we saw, I suppose, in two to three years ago with the war in Ukraine and the resettlement of a vast number of young people and their families to Scotland. we felt there was a barrier there that we could support them to maybe overcome.

What happened was that families were being displaced to all parts of Scotland and had they all been in the one thing location, it may have been much easier to do

something with them and give them a common experience. And one of the teachers that we have on our staffing bank is of Ukrainian heritage and is semi-fluent in Ukrainian and so what we did for that particular group was we delivered a national package of family learning which wasn't just open to young people, but also their families. Because it was open to all, it took place in the evenings and it allowed for them to be part and plugged into a live interactive Ukrainian learning community, which was supporting them to acquire the English language and also looking at aspects of Scottish culture as well. And it's something that was really valued and very highly evaluated and I think it was well received and it's something that could be used in other ways as well to support other groups of young people who have perhaps been resettled into Scottish communities.

17 Q. Thank you. And if I could also ask you just to expand 18 upon the students who were impacted studying practical subjects and what e-Sgoil did in relation to them?

20 A. With practical subjects, obviously, there are challenges 21 there when it comes to delivering aspects of these 22 courses. We have always looked to support schools in 23 all areas of the curriculum, but wherever possible, we 2.4 would look to use additional technology, such as

overhead cameras and other such maybe software packages

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to allow for our teacher to have sight of any kind of hands—on activity that a young person is doing. But in particular, say, science courses, PE, these kind of subjects, there are practical elements that is cannot be over -- supervised and administered safely online. So wherever a school does require any input from

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e-Sgoil for a practical subject, we would deploy our teacher to deliver the theory elements of the course and, where possible, somebody on site in the school with the relevant certification and qualifications would deliver the practical elements of the course. And where that's not possible, on occasions we've actually put our teacher physically into a school to do a block of practical work with the learners so that they are able to demonstrate their ability in all aspects of that particular course.

- 17 Q. Thank you. And then finally, the placement-based 18 learning project that you undertook with developing the 19 young workforce department and the young people you were 20 assisting with that.
- 21 A. So developing the young workforce project is a programme 22 that again continues as a legacy from the COVID 23 pandemic. It is an opportunity for us to again remove 2.4 barriers to young people who pre-COVID may only have had 25 available to them those industry and business partners

and employers who were there on their doorstep. So what we sought to do during the pandemic was to work with Education Scotland's developing the young workforce leads to essentially level the playing field and bring all partners together into essentially an online shopwindow where schools could request input at a particular time or join prescheduled sessions where they would gain inputs from industry partners that would bridge the gap between the school and the world of work and help to support them on that journey, perhaps towards the workplace of their choice. And it meant that any young person whether they were on Barra or in Barrhead could access the same suit of industry partners.

Now, as part of that package we have sought to explore opportunities for virtual work placements and, again, in conversation with or in partnership with Education Scotland we have been exploring options there. And although we have done some work on that with our own interrupted learners, I think there's certainly potential for that type of work to -- work placement to become more embedded in the Scottish curriculum. And again, it provides for young people, irrespective of their location, with opportunities to work in an environment that would lend itself to that type of

online placement.

Q. Thank you very much. Excuse me. Mr Graham, before we move on to speak about i-Sgoil, I have one more question in relation to e-Sgoil and the online offering. In paragraph 135, which is again I think under "lessons learned" you referred to A paper that went to four secondary schools, with the idea being that rather than duplicating and having everyone plan for a higher maths lesson, you could standardise the programme for learning across all subjects and have one teacher deliver it to

"The other teachers could offer support and tutorials to complement that. It was not e-Sgoil's decision to make, though, and the schools decided to do their own thing. The schools felt they knew the young people and their best needs and that that should continue during lockdown."

What was your aspiration or the intention behind what you were offering there?

20 A. I think the —— what I was referring to there took place actually just prior to the initiation of the lockdown and that was very much a Western Isles conversation that we were having here within our e-Sgoil head office. And the thinking was that, you know, the lockdown was coming and that teachers would face all manner of challenges in

terms of meeting the needs of young people.

At that point, we did not know how long the lockdown was going to continue for and we did know that some staff would be more able to support their young people online than others, for the reasons I mentioned earlier, caring responsibilities, connectivity, and just proficiency in using the online tools. And at that point, I think the e-Sgoil core team was operating almost like a war cabinet in terms of, you know, scoping out what could and should be done.

And as part of that work we prepared a paper, a proposal that was put to the four secondary schools in the Western Isles, thinking that it would relieve stress on the profession were we to standardise the approach and have our four schools supported by. I suppose, a common curriculum whereby one maybe, say, maths teacher would be delivering live online lessons at any given time with young people from all four schools joining that lesson and then being supported off the back of that by their own teacher.

Now, in the event of how things transpired, the four schools felt that their own teachers were best placed to meet the needs of their own young people and I think they felt that because (a) we didn't know how long the lockdown was going to continue and (b) at that point in

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the year the curriculum had, you know, run its course 1 2 almost and the work that was to be done -- all schools 3 were essentially at a different point in the curriculum 4 and had delivered the curriculum in a different order, 5 English classes would have been focusing on different 6 literature, for example, and they felt that the best way 7 of meeting the needs of young people would be to just 8 allow all four schools to coordinate their own approach. 9 But the option was certainly put to them and I think 10 it was with a desire to see a common experience for a 11 young person, irrespective of where they were, and, 12 again, to alleviate stress on the profession and avoid

duplication and make best use of the teaching resource, as it stood at that point.

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15 Q. Thank you. And I did say we were going to move on to 16 i-Sgoil, but I just have one more question on e-Sgoil. 17 We have heard a lot about impacts of school closures on 18 language and communication and you have mentioned today 19 about those with little English that you facilitate and 20 you specifically mentioned the Ukrainian nationals. You 21 mention at paragraph 86, and I think it's in the context 22 of Dug's Den, which you probably wont have time to go 23 into, but you mentioned that there was a definite Gaelic 2.4 language regression for young learners who were due to 25 go into Gaelic medium education during the pandemic.

Primary education was also hard hit as young learners had no access to the Gaelic language if they were from a non-Gaelic speaking home for the lockdown period.

If you could first just explain what Gaelic medium education is?

A. Yes. Gaelic medium education is an entitlement that is available to many families across Scotland and it would see a child involved in school, in primary school, where the first four years, I believe, of their education would be entirely delivered through the medium of Gaelic. Once that child goes into Primary 5, the balance between Gaelic and English gradually shifts so that by the end of Primary 7 they are fluent in both languages and they are, I believe, 50/50 receiving their education in Gaelic and in English.

Here in the Western Isles, currently approximately just over 50 per cent of our young people are involved in Gaelic medium classes in primary school in Primary ${\bf 1}$ and we have seen a gradual increase on these numbers over the last number of years. Gaelic medium education has been in existence for, I believe, in excess of 30, 35 years, and we see concentrations of Gaelic medium schools across the highlands, but in some of our more urban areas as well across Aberdeen, Edinburgh, Glasgow, Stirling and in many areas of Scotland and in a great

number of local authorities there will be some provision for Gaelic medium education. And the majority of young people in Gaelic education would probably come from a home where there is not a Gaelic speaking parent.

5 Q. Thank you. And then so this regression you saw, was 6 that as a consequence of —— was that the impact on learners who were English or other language learners, 8 non-Gaelic speakers, having a Gaelic education but due 9 to parents at home not speaking Gaelic, they were 10 impacted by the closure of schools?

11 A. The first few years of Gaelic education is described as "total immersion" and that is where young people at that 13 age are sponges, soak up the language and the vocabulary 14 and the conversation.

> Now, the COVID pandemic took all of that away for any young person who was in Gaelic education and we were very conscious of that as was Scottish Government, as I say, the Gaelic and Scots division, so we worked together as part of our national offer to ensure that there was a Gaelic provision put in place for young people who were in danger of regressing, because they weren't immersed in the language at home during lockdown. And, as a parent myself, having seen the Gaelic teaching that took place, it was particularly impactful and I know how well received it was not just

1 by the young person -- the young people but by their 2 families as well.

> As I say, schools did do what they could, but they couldn't -- the e-Sgoil offer was there to complement what schools were doing by way of live interactive lessons. And I think it helped to support and maintain that level of fluency that had been built up prior to the lockdown affecting schools. And it's something that has continued as a legacy through our national e-learning offer moving forward where we are supporting young people in Gaelic medium education with either one—to—one or one—to—small—group support where there's an identified need that has been brought to our attention by their teacher. Our teacher can go in to support school and support that young person and it's plugging a gap and fulfilling a need where the school might not have, for example, a Gaelic-speaking support for learning assistant in their staff who can take the time to work with a young person on a particular identified area that they need some support with.

20 21 Q. Thank you very much, Mr Graham. If we could then turn, 22 please, to the interrupted learners programme or i-Sgoil23 which you address in your statement. Could you 2.4 please -- and you start that at paragraph 28 to 38, but if you could please give a brief description of what

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i-Sgoil is. 2 A. I-Sgoil is our provision for interrupted learners and it began prior to COVID as a pilot, I suppose. There are a 4 large number of young people across Scotland who do not 5 engage in a school, who have withdrawn themselves and 6 who have not responded positively to any alternative strategy to get them back in school, such as a reduced 8 timetable, you know, home support workers and so on. 9 And if you were to aggregate the number of interrupted 10 learners across the country, you would have the largest 11 school in Scotland if you were to bring them all 12 together in one place. 13 Now, a lot of these young people the main reason why

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they are not engaging with the school offer is as a result of mental health issues or anxiety or there is maybe a diagnosis of being on the autism spectrum as well. We were fortunate enough to gain some money from the Northern Alliance in , I think, it was 2019 to do some exploratory work in this area, because we felt that if these young people weren't going to school, why can we not use digital technology to bring school to them, where they are. And we sold it to the young people as engaging with them on their terms. And what I mean by that is that we could look to remove all of the anxiety triggers that were preventing them from engaging with

education. So the need to go to a school building, for example, could be taken away. The need to have your camera on could be taken away. The need to have your microphone on could be taken away and they could engage with learning using digital tools and, ultimately, be presented for qualifications and the desired outcome was that they would move on to a sustained positive destination and become economic contributors beyond

So what started off as a very small project with maybe up to 16 learners with a very restricted curriculum of just maths and English at National 4 level, has now ballooned into a much greater provision off the back of the work that we were doing during the ${\sf COVID-19}$ pandemic. ${\sf COVID-19}$ rendered every young person in Scotland an interrupted learner and gave everyone a taste of what it was like to not be in school. And because of that it exacerbated many of the issues that those who are not engaging in school prior to lockdown, it exacerbated a lot of their anxieties and led to a deterioration in their mental health and so it was felt to be the next logical step to take the provision that we had for young people who were not able to go to school and to grow that into a provision for interrupted learners whereby any young person in Scotland from

Primary 2 to S6 could be referred by their school to

access and be part of a live interactive learning community which would allow for them to essentially join

4 school from their safe space, which typically would be

from home and most often from their bedrooms.

6 Q. Sorry, I interrupted you. I was just going to ask you if you could describe the referral process and 8 transition to i-Sgoil. Please, continue what were you 9

10 A. No, that's fine. Thank you. The referral process would 11 see a school completing an online form. We're not naive to think that an online provision is going to suit every 13 interrupted learner in Scotland, so one of the questions 14 on that form is, is the young person willing to engage, 15 because where there's a willingness to engage then we 16 can hopefully do something there.

> So the school would make a referral and the referral form would state that the young person should have been out of school for a period of at least three months. that all alternative strategies to reengage that child have been tried and shown to have not worked. We would look for there to be a coordinated support plan or a child plan in place or multiple agency support as part of that referral process. And the school would outline. you know, who that child was, why and how they had

become an interrupted learner. And once the child is accepted, our guidance teacher would then set up an onboarding meeting and, alongside the school and parents, would look to transition that person onto our -- into i-Sgoil, into our online provision.

It's important to state that the young person remains on their own school roll. The statutory responsibility for the young person's education remains with that local authority, and we are very much working in partnership with the local school and with the child's parents, carers, to work together to meet the needs of that young person and see them back into our team and back into the way of learning.

14 Q. Thank you. And you also go on from paragraph 39 and 40 15 to discuss the numbers, the increase that you have seen. 16 Would you mind sort of articulating the sort of scale of

18 A. Yes, so as part of the national e-learning offer, we 19 promoted the provision through the network of directors 20 of education across Scotland so that they were all asked 21 to disseminate the fact that this offer was in place and 22 share it with lead officers in their authority, head 23 teachers as well, and we have seen significant demand 2.4 ever since that point.

We have not shouted particularly loudly about it

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with an extensive waiting list for all levels at the moment. And to advertise the provision widely I think would lead to raised expectations and we wouldn't be able to meet the need, as things currently stand.

So in terms of current, our most recent numbers for 23/24, we supported 170 young people from Primary 2 to S6 and what that provision looks like is from 10 o'clock to — well, from quarter to 10 until half past three, Monday to Friday, a series of live interactive lessons

broadly replicating the curriculum offer, as it would be

because we are aware that there is significant need out

there and at the moment we are operating at capacity

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in a school.

In 2021/22, we received 202 referrals from schools. 22/23, we received 219 referrals and 23/24 we received 286 referrals and we have currently got a waiting list, as I say, which is well in excess of what we can process. So I think we've left it open just to evidence the demand that's out there from schools. And I'm conscious of the fact that it would be even greater if we were to put something back out to directors or head teachers again to highlight that this provision is there. So at the moment, I would say, we've got in the region of around 20 young people in our primary provision. We've got around 30 in our S1/2 cohort. We

have got 30 in an S3 cohort, with another maybe 15 due to start soon in S3. And there is in the region of 80 in our S4 to 6 cohort.

Now, one of the anxiety triggers we have sought to remove is the end of year exam and for that reason our S4 to 6 curriculum, the only courses with an end of course exam that we offer are applications of maths Nat 5 and Higher and English Nat 5 and Higher. All of the other courses that are available are equivalent to National 4, National 5 or Higher courses, but they're what are known as group awards or national progression awards and they are accredited with ongoing assessment throughout the year and there's no need for a high—stakes exam at the end, which, as I say, can be a particular anxiety trigger for a number of the young people who we support.

Q. Thank you. And then just in paragraph 40 you obviously had a programme, not i—Sgoil per se, but you had a programme for children who couldn't engage and you have now got this increased interest in your programme post—COVID. You refer to —— in paragraph 40 to some i—Sgoil referrals making a direct reference to COVID—19 as being a contributing factor.

Would you care to elaborate on that?

5 A. Yes, every interrupted learner is unique and they have

their own unique background story as to how and why they have become an interrupted learner and have disengaged from the school system. As I mentioned earlier, the vast majority of our young people have a diagnosis of a mental health struggle or are on the autistic spectrum and we have seen in the narrative that is provided by schools as part of the referral process, we have seen a number of occasions where schools make direct reference to the COVID—19 pandemic as having been either what initiated their anxiety and their struggle in terms of mental health which led to them disengaging or exacerbated something that was already there and meant that school became even more of a challenge.

And it wasn't just necessarily the young person that the pandemic affected either. If there was perhaps somebody at home who was immunosuppressed or who was particularly anxious and exercised about the danger of the pandemic, I think that then at times led to a young person choosing or deciding that they could not and ought not go to school. And so we have —— we have a number of occasions documented where schools have identified COVID—19 as being a contributing factor to why some of the young people on our books came to disengage from education.

Q. Thank you. Just before we finish off, I just want to

give you an opportunity to highlight or flag any key lessons that e—Sgoil considers should be applied to ensure that the impacts of the children that you are seeing coming through, young people and children, are addressed and mitigated through education and/or that provision is in place in advance of any future pandemic.

A. I think leveraging the digital learning estate and making sure that it is resilient and in place and that teachers and young people are upskilled and familiar with how to use it is one of the main lessons I think that I would take from our experience over the last four years.

Prior to COVID, you know, Teams calls, digital tools was an alien concept for many of us and I think having a greater awareness of these tools and how to use these tools in everyday learning within the school building would add a greater degree of resilience and capability and capacity for any future move to online learning, should there be a mass disruption event that comes our

I think the Scottish school's internet, Glow, its importance cannot be understated. It is what allowed for us to roll out a national programme of offers that was equitable and accessible to any young person in Scotland. Glow is a national entitlement to any young

2 and password. And that would allow for us to aggregate THE CHAIR: Now, good morning again. Ms van der Westhuizen. 3 a class or a cohort with anybody in it from across You have another witness for us. 4 Scotland and would, again, allow for us to deliver any 4 MS VAN DER WESTHUIZEN: I do my Lord. I have got 5 number of programmes, some of which we have described Ms Woolnough from Connect. 6 6 today. It's what underpins our current study support THE CHAIR: Very good. Good morning, Ms Woolnough. offer, it's what underpins our interrupted learner's A. Good morning. 8 offer and it's what underpins much of our developing the 8 THE CHAIR: Thank you for coming. Right. You're going to 9 young workforce offer as well. be asked some questions. When you're ready, Ms van der 10 10 So I would say that these things were -- would be Westhuizen. 11 some of the main lessons. I think it's also shone a 11 MS VAN DER WESTHUIZEN: Thank you, my Lord. 12 light on interrupted learners. I think they are the KRISTINA WOOLNOUGH 13 hardest to reach young people in Scotland and because of 13 Examination in chief by MS VAN DER WESTHUIZEN $14\,$ MS VAN DER WESTHUIZEN: Ms Woolnough, could I ask you, 14 that as well they can at times be the easiest to ignore. 15 please, to confirm your full name? And I think we would do well to consider some of the 15 16 A. So my name is Kristina Woolnough. impact that we have, had not just on young people who 16 17 are part of that i-Sgoil provision, but on their 17 Q. And you have given a witness statement to the Inquiry 18 families as well and consider how we can develop a 18 and, my Lord, for reference it can be accessed by 19 provision that would be available to all schools a 19 WT0111. And Ms Woolnough, you had input from your 20 provision that's sustainable and well resourced to meet 20 colleague. Sara McFarlane, who is the policy and support 21 the needs of young people, especially given that the 21 officer at Connect; is that correct? 22 United Nations Convention on the Rights of the Child is 22 A. That's correct. 23 now enshrined in Scots law, that can provide an 23 Q. And she has provided a confirmatory statement and, my 2.4 24 education that meets that young person where they're at Lord, that can be accessed at reference WT0792.

and supports and equips and enables them to continue \$33\$

person and their school can provide them with a username

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with an education from, as I said, from their safe space and supports them towards a positive destination.

There's a cost to that, as there is for anything, but the value in my view far exceeds the cost and it's something that we would do well to consider and it's something that we are having conversations with Scottish Government with at the moment to see how that model can be pivoted and moved to a more sustainable footing to ensure that we can ensure that there is greater capacity to meet the need that is out there and work alongside schools and parents and carers to support vulnerable young people who have, for a number of various different reasons, opted out of the school system and find it inaccessible as things stand.

Q. Thank you very much, Mr Graham.

My Lord, I have no further questions.

THE CHAIR: No, thank you. Thank you very much, Mr Graham,
 for what was undoubtedly very thought—provoking evidence
 which we will give great consideration to. Thank you
 for your time.

We will now take a break and come back with another witness at 11.15 or thereby. Thank you.

23 (11.00 am)

24 (A short break)

25 (11.17 am)

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1 Connect since October 2020; is that correct?

MS VAN DER WESTHUIZEN: Hello, my Lord.

2 A. That's correct.

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Q. And before that you were hired by Connect as a
 self—employed communications consultant and that was
 from 2017.

Ms Woolnough, you have been a staff member at

6 A. That's also correct.

7 Q. At paragraph 9 you say that Connect is a membership
8 organisation of Scottish parents councils, parent
9 teachers associations and other parent—run organisations
10 and that the central purpose is to advance parental and
11 family engagement in the education and school lives of
12 children.

Could you provide a bit more detail about how your membership is made up and also the numbers, please.

15 A. So we have about 2.000 parent—run groups who are our members, most of them parent councils attached to 16 17 schools and some parent teacher associations and some 18 other kinds of groups. Parent councils are statutory 19 bodies and local authorities are required to support 20 parent councils in their roles and their 21 responsibilities and we have 25 local authorities take 22 out Connect membership for all of their parent councils 23 out of the 32 in Scotland.

Q. And just for clarity at paragraph 13 you refer to your
 membership in 2023 to 2024 consisting of 1,503 primary

- schools, 254 secondary schools, 17 schools that are both primary and secondary, 62 special needs schools and 57 nurseries. Are those over and above the parent teacher and councils or does that --
- 5 A. That reflects the Connect membership, yes. So they 6 are the parents groups associated with those specific 7 types of school, yes.
- 8 Q. Thank you. Could you please explain a bit about what 9 your role as communications manager entails?
- 10 A. So I oversee and deliver our communications, policies,
 11 social media. I work with my colleague Sara McFarlane
 12 on the survey work and basically anything that involves
 13 communicating with our members or the wider public and
- some press and media work as well.Q. And was that the case during the pandemic as well?
- 16 A. That was the case, yes.
- $17\,$ $\,$ Q. I'm going to ask you just to discuss a bit of the work
- that Connect did during the course of the pandemic.
- Before I do that, what does Connect normally do in non—pandemic times?
- 21 A. It does pretty much what we did during pandemic times,
- yes.
 22 yes.
 23 Q. Okay, easy enough then. If I could ask you to provide
- information then about what you did during the times you talk about. Online information sessions, for example,

- 1 what were those and what did they cover?
- 2 A. So these are still regular online meetings and training 3 sessions for parent—run groups, our members. We do
- deliver some that are open to all parents and carers and
- 5 parent groups in Scotland. They cover everything from
- 6 organising your parent group, changing your
- 7 constitution, technical type things, social and
- 8 fundraising, but we also try and do health and wellbeing
- 9 ones and ones with broader interest, for example,
- careers, education, with partners.
- 11 Q. And during the pandemic so what did they cover
- 12 specifically during the pandemic?
- 13 A. So we had just began to move online with these
- $14 \,$ $\,$ information sessions . So during the pandemic, we did
- some open—ended ones, question and answer ones, so we
- could hear from parents and parent groups. We also did ones about having your AGM online, quite practical type
- ones about having your AGM online, quite practical type things, because everyone was struggling because it
- 19 was June is a common time for AGMs, annual general
- 20 meetings. And we also did about parent councils what's
- 21 our role now, having sought clarification from Scottish
- $22 \hspace{1cm} \hbox{Government about whether the statutory purposes of} \\$
- parent councils would still be applicable.
- $24\,$ $\,$ Q. And who attended and in what sorts of numbers?
 - A. So I'm afraid I don't know the numbers. They were high

- over that year, 18 months, because it was basically the
- 2 only support and information parent groups could access.
- 3 It was our -- we opened them to all parent groups
- 4 because we realised that, you know, the $2,000-{
 m odd}$
- Connect members there would be other parent—run groups
 in Scotland who needed support and information as well.
- 7 We also want —— it's a way of touching base with
- 8 parents and carers and those kind of overseeing parent
- groups. So it was a way of kind of keeping a
- 10 communications loop going with them.
- 11 Q. And just for clarification , again, you mentioned
- delivering information sessions, did you also say that
- 13 you got information in from parents at that -- at those
- 14 sessions as well?
- 15 A. Yes, particularly the Q&A sessions, but there's always
- an opportunity to catch up. The mechanisms are using
- Zoom, there's a chat function, so parents and parent
- $18\,$ groups can put anything in the chat function and also we
- 19 invite them to put the microphones on if it's not too
- 20 large a group as well.
- 21 Q. And what was your involvement in those sessions?
- A. So I generally was managing the chat. So also people can ask specific questions or we can respond or link
 - can ask specific questions or we can respond or link
- them to some sort of our resources, so that was primarily what I was supporting but —

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- $1\,$ $\,$ Q. So you were seeing all the information coming in.
- 2 A. Correct.
- Q. You also mention at paragraphs 20 to 30 you discuss the
- 4 survey work undertaken by Connect during the pandemic.
- 5 You mentioned earlier that the work you did during the 6 pandemic is what you normally do anyway. Does Connec
- 6 pandemic is what you normally do anyway. Does Connect
- 7 undertake surveys as a matter of course?
- 8 A. Yes, yes, and they're open to all parents and carers,
- 9 it's not just for our members so, yes, we do them as a
- 10 matter of course.
- 11 Q. And if you could perhaps take a little time to just take
- 12 us through the surveys that you did during the pandemic,
- $13\,$ please. We'll come on to discuss some of the themes
- that were coming out of that, but if you can just give
- us an overview of the types of surveys that you
- 16 undertook.

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- 17 A. So we did six. Most of them were really kind of keeping
- in touch with parents and carers, hearing how their
- 19 experiences were, what was happening with them, it was
- an 18—month period actually and we did repeat some
- 21 questions throughout, like things about home school
- 22 communication and how was that going. So it was a way
- $23\,$ on a pretty large scale, because overall those -- across
- $24\,$ those six surveys over 18 months, we had over 11,500

responses from different parents and carers across all

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parts of Scotland. So it was a most extraordinary 1 2 picture of what families were experiencing. 3 So we were trying to -- we wanted to see what help 4 and support we could be advocating for, because part of 5 our role is to speak up and help parent voices be heard 6 at national and a local and authority level and that kind of championing and advocacy-type role is really, 8 really important. That's why we do the surveys as well. 9 Q. Who else was doing these types of surveys at the time? 10 A. Not anyone that I was aware of. Certainly our first 11 survey ran from 1 to 30 April. That was very quick. 12 I think lockdown was around 20 March. So we realised 13 that nobody was hearing from parents and carers that 14 they were obviously isolated at home so we very quickly 15 thought we need to reach out, we need to hear voices. 16 hear and then try and see what they're needing, see how 17 they should be supported and then share that with local 18 authorities and Scottish Government to try and complete 19 the picture, if you like, of people's experiences. 20 So that one I think was probably — I have not come 21 across anything that was as quick and, you know, looking 22 at parents and carers and families experiences in that 23 time. 2.4

Q. And you said at paragraph 20 that you did surveys, you told us, and you also said you wanted to track how life

1 was going for parents and families. Was there a 2 particular reason you felt this work needed to be done? 3 A. So specifically we were hearing a lot about, I guess,

4 public safety, we were hearing about schools, we were 5 hearing from the teaching unions, we were hearing from 6 other parts of the education system and it seemed to us 7 that the voices of parents and carers who were now 8 having sole responsibility for supporting their child's 9 learning, if they could, and looking after their 10 children, as well as working and dealing with ill-health 11 or all the myriad of things that families have to deal 12 with, we felt that there was a massive gap in hearing 13 those voices and hearing about those experiences.

14 Q. And you mention at paragraph 22, again, that you wanted to understand the range of views. And again, at paragraph 26, again you reiterate it was a strong focus on helping parents and carers to get their voices heard. This seems to be a recurring theme throughout the rationale for it about getting parents' voices heard. Who would you ordinarily have expected -- Has there

ever been a need before to channel parents' voices?

A. Yes, I think Connect was formally called something else, but it was formed in 1947 so there has been a long history of trying to ensure that parents are fully involved in school lives and learning and are

communicated with effectively and have channels of communication open to them back to schools and nurseries and early learning centres. So there's a long history of that so it wasn't a surprise to us, I suppose, that nobody was thinking about how families were going to cope actually.

And obviously, a lot of people in positions of authority and making these decisions, many had families so they were fully aware of the consequences, but actually it didn't seem to be in the public focus in any which way. There was an assumption that parents and carers would manage and could manage, despite obviously exceptional circumstances and, you know, having to juggle all their responsibilities .

15 Q. I wonder if you could just then outline the methodology, 16 because you were obviously involved in the surveys with 17 your colleague but if you could just explain the 18 methodology used. What did the surveys look like?

A. So we use an online survey tool called SurveyMonkey and build a survey, test it and then cascade it out through all our networks, e-news letters, social media, through our tagging partner organisations. We have a very large $\,--\,$ at the moment I think our Twitter feed is about 10,000 so we have big audiences of parents and then they share it within their own networks as well. So, yes, it

1 was online, but that was all that was available to us at 2 that time

Q. And what was -- was it tick box or what did the form 4 actually look like?

5 A. So it's a mixture of selecting options with comments 6 boxes so, yes.

Q. And how were the forms analysed and who was involved in 8

9 A. So we didn't quite know when we started the surveys what 10 the uptake would be. We usually do them ourselves and 11 we do them and the SurveyMonkey has tools within it that can analyse the kind of statistics and then we analyse 13 the comments ourselves. On this occasion, we had the 14 help of Scotinform who used their various tools to 15 analyse the first survey. The second survey which had 16 nearly 8,000 responses, which was pretty overwhelming, 17 Public Health Scotland helped analyse those responses 18 using their professional tools as well.

19 So we don't normally have thousands of responses. 20 We're normally in the kind of, you know, hundreds and 21 about 400 is a good response, so 500 is a good response. 22 So it was a huge scale so we were very grateful for the 23 help with that.

2.4 Q. We'll come on just to have a look at the numbers again. but in terms of your role in the design of the survey,

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did you have a role in designing it at all? 1 A. Yes, I usually do write them, yes, with my colleague Sara. I draft it and she makes sense of them. 4 Q. Do you draft the survey questions? 5 A. Usually, yes. 6 Q. In terms of the report writing, who does that? A. Sara collates the statistics usually and gives me the 8 raw material and then I tend to write the kind of 9 findings and kind of calls to action, the asks, you 10 know, what we want to raise, I suppose, with Scottish 11 Government or local authorities or all . 12 Q. And just in terms of these specific surveys, what 13 involvement -- you mentioned that you had got assistance 14 in terms of analysing them. What involvement did you 15 have in analysing them or looking at, for example, the 16 tick boxes, the comments box you mentioned? 17 A. Yes, we looked at them as well, but they had the 18 professional tools to, you know, use keywords to 19 analyse, you know, types of responses in the comments 20 boxes, but we did look at them all as well, ves. 21 Q. And if we can just run through or if you can take us 22 through the different $\,--\,$ because I think you mentioned 23 there were six and I see that you refer in paragraph 24 2.4 to "How are you doing?" And ... do you want to

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elaborate?

1 A. That's right. We did ask "How are you doing?" quite a few times. I was looking at this last night just to get 3 my names of them. The first one was a "How are you 4 doing?" and that was April 1st to 30th. The second one 5 was --6 Q. Perhaps if we can just pause on the first one. What were you looking at? 8 A. So we were literally asking people how were they doing. 9 So we were looking at whether they had what they needed. 10 These were open types of questions. Did they have what 11 they needed? Was there effective communication with the 12 school? Because I think, early doors, it was, you know, 13 do what you can at home type of thing in terms of 14 children's learning. So it was really a kind of a 15 little test to see what was going on so. And at that 16 point, I think nearly 60 per cent of parents had a 17 concern about the information that they weren't getting 18 and/or the equipment that they didn't have for doing 19 school work. 20 So I guess it was panicky, I suppose, and I think 21 over that whole month of April you could see that

the communication between the school and home.
 Q. And that one, I think you say, had 1,578 responses from

people -- the responses showed people were getting less

panicked and more having what they needed and improving

across 29 local authorities. You did another one called "Our next steps" in May/June 2020 and that was the big one, that was the 7,858 responses from all 32 local authorities. What were you asking in that one or looking at in that one?

6 A. So we were trying to see whether things had improved for people over that period of time and we were trying to 8 drill down into where the areas of difficulty were. 9 I was checking back yesterday, we did an interim report, 10 obviously we were getting towards the end of the school 11 term, at the end date of that particular second survey. which is 30 June, so we did an interim report and we did 13 a series of briefings around the findings of survey 1 14 compiled with the kind of interim findings of survey 2. 15

And that led us to do these briefing sessions with

I think we invited —— we invited about 100 different

organisations and bodies to attend these briefing

sessions and we created a set of asks from that as well,

sessions and we created a set of asks from that as well,

sessions and we created a set of asks from that as well,

John Swinney.

21 Q. And what were your asks?

 $22\,$ $\,$ A. The asks were, now you're testing my memory --

23 Q. Just in general terms. We don't need to --

A. Okay. In general terms, it was about provision for children with additional support needs, improving

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communications, about the return back to school, and
there was a lot of talk at that time about part—time
schooling and rotas and some children will be in two
days and then not until the next week and different
children of different ages were going to be in different
days. So I think that was a huge response in that
survey because people were very exercised about the
prospect of that. So that was the May/June discussions.

9 Q. And you mentioned I think you said a hundred or so bodies, who were they?

11 A. So to both of them we invited the Directors Of Education to the first session, that was on June 3rd, as well as 13 COSLA and all the unions. The second session, which was 14 on 4 June, we invited local authority parental 15 involvement officers, so kind of about 32 of them, and 16 we also invited third sector partners and we invited 17 some the education spokespersons for the different 18 political parties and Scottish Government and the 19 education committee from the Scottish Parliament we 20 invited to that second briefing session.

21 Q. And who came or didn't come, who were you expecting?

A. We had about 30 attending across the two sessions out of the hundred invitees. We haven't got a record, unfortunately. We don't have that Eventbrite page

anymore, so I could see in the chat only who had put

something into the chat, but I know it was over 302 across the two sessions so ... 3 Q. Okay, was the Scottish Government there or was it local 4 authorities? 5 A. There was some local authority representatives. I think 6 we did a separate briefing session with 7 Education Scotland, which I think was on 2 June or some 8 officers from Education Scotland on 2 June and we were 9 also having regular meetings with the parental 10 involvement team at Scottish Government. 11 So I can't tell you who exactly came to these sessions, unfortunately. 12 13 Q. You then refer to a third survey "Back at school", what 14 was that one about? A. So that one again was all children were back to school 15 16 at that point. So we looked about how the 17 communications between home and school were going so 18 that we could compare with the previous surveys. We 19 looked at access to digital devices. We looked at 20 school attendance, and the impact of the various changes 21 in schools. We specifically wanted to know whether 22 schools had asked families about their experiences 23 during the previous, I guess, six months, because they 2.4 were having a focus on health and wellbeing and we felt 25 that they couldn't —— and that was a Scottish Government

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1 directive concentrate on health and wellbeing for 2 children and young people. And we felt that they couldn't know how the children might be if they didn't 4 know what had gone on in people's families and the vast 5 majority said that they had not been asked, 79 per cent 6 of respondents said they had not been asked about their family's experiences during lockdown. 8 Q. Was there a similar session to feed back the responses or the results of that survey? 10 A. I think in that one we cascaded out through our 11 networks. We wrote to the cabinet secretary. 12 John Swinney, on 26 November. There was a lot of 13 concerns about the ongoing absences of children and 14 young people because -- and their teachers, because of 15 COVID or they were being required to stay at home for 16 that set period of time. So the online learning didn't 17 seem to be happening consistently for when children were 18 sporadically off ill . So there was a lot of concern in 19 parents about children's learning progress and 20 preparation for SQA qualifications so that's what wrote 21 to John Swinney about. So that was the area of our

23 Q. And then you refer to a digital survey in paragraph 25; 24 was that the next one?

campaigning around that.

A. That's right. That was run November to December 2020

and it was asking about access to internet and devices.

Q. And that was a specific digital?

A. Yes.

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4 Q. And how many responses was that?

A. That had 419 responses and, again, we were looking at, like, 20 per cent had okay or poor internet service. So we were asking about the devices and whether they had access to the internet. So kind of throughout all of

them, there is 20 to 30 per cent of people who are

10 struggling or don't have what they need so there's this 11 kind of consistent -- it may not be the same people, but

it's a consistent a fifth to a third type of thing. 13 Q. The next one you mention is "COVID-19 lockdown",

14 I think. May not be mentioned by name. What was the 15 next one?

16 A. So the next one was called "Lockdown 2021". It was 17 asking "How are you doing?" again and that was the name 18 of it. That was 7 February to 31 March 2021 and that was looking at -- I guess, this was our second 19 20 experience of a lockdown so we were looking again about 21 communications and how experiences compared, ie had 22 lessons been learned from the first lockdown, was there 23 provision for online learning, were communications in place. how was that -- how was that all going? 2.4

25 So people generally felt it was more organised so

across the piece from this one to the first one, we're now ending up with 70 per cent saving that it was more organised, they felt there was more thing -- more activities and more structure, but 19 per cent still said it was okay, it was as poor as before or was worse.

We were also looking at the use of hubs and whether children were in these hubs or not and we were also asking how parents were feeling. So we had 55 per cent saying they were okay some of the time and not okay some of the time and 6 per cent were not okay all of the time and 69 per cent of parents with children with additional supports gave these two responses so.

13 Q. And the last of the six, what was that called?

14 A. It's called "How is it going?" so that was, again, 15 asking about the ongoing impact of absence, because of 16 COVID. About communication, about COVID, there was a 17 lot more I guess public health information about COVID 18 coming directly from schools at that time. We were also 19 asking about mental health support and remote learning 20 again.

21 And about -- so over half said their child had had 22 periods of absence so there was quite a lot of concerns 23 around that again and, again, about SQA qualifications 24 and presentation.

Q. And the concerns about periods of absence, what were the

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1 specific concerns and what were the reasons for the 2 absenteeism?

- 3 A. So the absence were to do with COVID, as far as we know.
- 4 COVID related was what we asked about. And we know that
- 5 the concerns were about missed learning, because it was
- 6 quite clear when individual or one or two or three
- children were not in the class, they were not getting
- 8 the learning and the arrangements were not necessarily
- 9 being made by schools for those individual children and
- 10 huge workload obviously, but teachers seemed more able
- 11 to provide learning for whole classes by the latter part
- 12 of 2020 than they were for sporadic individual absences. 13
 - That seemed to be problematic.
- $14\,$ Q. You have already mentioned the online events and the 15 engagement with Scottish Ministers and you have
- 16 described some improvement over the course. How were
- 17 your survey reports and results received and what was
- 18 done on the back of them, if anything?
- 19 $\ensuremath{\mathsf{A}}.\ \ensuremath{\ensuremath{\mathsf{I}}}\ \ensuremath{\mathsf{would}}\ \ensuremath{\mathsf{say}}\ \ensuremath{\mathsf{that}},\ \ensuremath{\mathsf{ironically}}\ \ensuremath{\mathsf{e}},\ \ensuremath{\mathsf{we}}\ \ensuremath{\mathsf{promoted}}\ \ensuremath{\mathsf{them}}\ \ensuremath{\mathsf{and}}\ \ensuremath{\mathsf{sent}}$ 20 them out to all our mail lists and to stakeholders. We
- 21 shared -- because it was the election, wasn't it, we
- 22 shared links to all the reports with new MSPs and also
- 23 there was a new cabinet secretary for education so they
- 2.4 were shared with her as well. So I would say engagement
- 25 was probably less the more time went on.

- 1 The parental involvement team at Scottish Government 2 continued to meet with Connect so we were feeding back
- 3 mostly through that. What they did with that
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- information, I don't know. We weren't on the CERG 5
- education kind of group looking at the COVID response 6
- and we didn't hear back from that, but we did write to
- them as well to share our findings. We don't know is 8
- 9 Q. And CERG being COVID Education Recovery Group?
- 10 A. Yes.
- 11 Q. Was there any parental representation?
- A. There was the National Parent Forum of Scotland.
- 13 They're volunteers. I should say that the person
- 14 sitting on that was a parent volunteer, so it was a
- 15 massive responsibility.
- 16 Q. I think we'll come on to discuss the impacts in a
- 17 moment. If we can have a discussion now about some of
- 18 the impacts, because obviously you've lodged the reports
- 19 but you were involved in writing them and you were also 20
- involved in analysing the underlying data and you have 21 put in your statement some of the impacts that were
- 22 felt, but if we could perhaps just tease out some of
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- them and you can give us some insight into the thinking 24 and what the specific concerns were because obviously we
- can see what the overall concerns were but percentages

- don't really mean as much as hearing what the underlying concerns were.
- So you discuss impacts on families from page 31 of 4 your statement. What was the source of the information that you used for this, for your witness statement? Was this the survey data and was there any other information that you gleaned during the pandemic?
- 8 A. These information sessions which were attended by 9 parents and carers and parent groups, so information did 10 come through them, through the chat or by people 11 speaking. We also have emails, so people can email us as well about any particular concerns and so on.
- 13 Q. Thank you. If we could maybe spend a little time just 14 discussing remote \dots it's not a specific heading. You 15 have the heading "Impacts relating to online teaching. 16 digital literacy, access to information ... ", but if we 17 can perhaps discuss remote learning as a concept, once 18 the schools closed and pupils were sent home and they 19 were doing remote learning, just some of the issues you 20 touch on in here and if I can ask you just to elaborate 21 on those.

For example, yes, during the pandemic children and young people had to cope, obviously, with the disruption to their schooling and they had to immediately engage in a different way of learning, ie remote learning, and

- obviously families had to try and support them, often while trying to do their own work at home. So I think the first one I would like you to just elaborate a bit on is something we've heard quite a lot about across the board in relation to different contexts, not just in relation to education, but it's access to digital services and digital connectivity. You talk about it at
- paragraph 31. But if you could perhaps just articulate what you were hearing from parents about this particular 10 aspect.
- 11 A. I think the upshot is that it was slow to start and it doesn't and it didn't work for everybody. If people don't have, and they didn't have, enough devices in 13 14 their homes or they didn't have good internet 15 connectivity, you know, they couldn't manage the kind of 16 apps and platforms that were being used by schools, it 17 excluded them from the learning.

We did ask for and encourage the delivery of packs to families and some parent groups were involved with other community groups in delivering these door to door or they had them in supermarkets. So as time went on people got more creative about how to support children and young people with learning materials. There's an assumption people have pencils and papers in their houses. They often don't. So there were issues around

1 connectivity, devices. 2 We had one refugee family responding to the survey 3 who had one Pay As You Go mobile phone between a family 4 of several children and they were in despair. And we 5 had people in rural areas and we had people who worked 6 outside the home who could not support their children's 7 learning or people who weren't well and didn't feel 8 9 One of our surveys asked about support and 10 information training for parents about how to use 11 digital devices and most parents -- most respondents 12 said they hadn't had any support or information. There 13 was an assumption, I think, early on that people had the

people don't. Of course they don't. 17 Q. And I don't know whether your data showed or were you 18 able to discern any particular differential impacts on 19 particular groups of parents or children?

kit, they had internet that was good enough and that

they had the time and the knowledge to do it and lots of

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20 A. I think obviously there were parents with younger 21 children or parents with children with additional 22 support needs who couldn't cope with sitting down doing 23 school work at home. So I think there were challenges 2.4 and also parents who were working out of the house. There were issues for some families around even trying,

- 1 because it was too difficult, it was impossible in their 2 circumstances or they weren't well and it was just 3 another stress in an already stressful situation.
- Q. In terms of mentioned some parents would have been 4 5 working, others wouldn't have been, but were there any 6 particular impacts on parents in terms of managing work and children, any specific aspects of that that were 8 articulated or was it just generally a trial?
- 10 that could manage to get to deliver some kind of school 11 work at home. Some families with two adults in their 12 household, one would work from five in the morning until 13 lunchtime and then the other would take over. We had 14 parents who shared parenting living in different 15 households moving back in together. We had grandmother 16 moving in to help a single parent.

A. I think we heard all sorts of variations of how families

So people were as creative and as imaginative as they possibly could be to try and, you know, support their children, but I mean still it's not possible for everybody. But, you know, it was a massive stress.

- 21 Whether you could manage it or you couldn't, I think it 22 was a massive stress.
- 23 Q. And some of those who weren't able to manage it, did you 24 hear from some?
- A. Yes, they were -- well, some of them indeed were shift

workers or they were working for the NHS and there were

- some people who weren't well or didn't have the devices
- or they had children, particularly with neurodiverse
- conditions, who lost the structure of their school day
- and could not and would not try and do any school work.
- They were unable to engage with it.
- Q. And during that period, during the initial lockdown when
- children were at home, what were, if any, issues? You
 - talk at paragraph 32 about communication between school
- 10 and home during closure periods --
- 11 A. Yes.

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- 12 Q. $\,--\,$ was reduced or lost entirely for some families.
 - Would you like to elaborate on that?
- $14\,$ A. Yes, that's right. We know because people kind of 15
 - literally left the building and were told not to go back
- 16 into it, whether it was a nursery early learning centre 17
 - or a school, they left the building -- the staff I'm
- 18 ${\sf talking\ about\ --\ without\ any\ equipment,\ without\ contact}\\$ details for families or parents and there was no 19
- 20 communication at all for a significant number of
- 21 families throughout the period actually. And even when
- 22 staff could go back in and could get the equipment,
- 23 there wasn't equipment for every member of staff and so 24
- 25 So I guess for us the concern around was about

- 1 contingency planning, but also about communication and
 - relationships with families. So people wouldn't know
- how those families were doing, because they weren't able
- 4 to get in touch with them and we really felt that this
- was a vital thing that schools and nurseries should get
- 6 in touch with families and ask if they were okay.
- Q. And those families, some of them were they getting in 8
 - contact with you?
- 9 A. Yes. Well, they completed our survey saying they had no 10 contact from the nursery or school.
- 11 Q. What were some of the concerns from families that, you
- know, had they been able to be contacted could have been
- 13 helped with some of the issues they were facing?
- 14 A. I think that some of the families did need support.
- 15 They maybe had had social care involvement, they had
- 16 certainly had additional support for learning in school
- 17 and all of that was taken away. So the families were 18 literally left to manage who had had, you know, support
- 19 from different kinds of services and they were at a
- 20 loss. They didn't have the equipment or the specialist
- 21 knowledge to support their child.
- 22 Q. And you touched on there and you mentioned contingency
- 23 planning and you had that concern as part of contingency
- 24 planning. What was your concern there and what did you
 - feedback about communication and contingency planning?

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needed to be improved, because schools and nurseries are the gateways to lots -- or can be the gateways to lots 4 of services for families. They are the organisations, 5 the establishments that see children everyday. They 6 know how they are. So there were families that nobody saw and nobody knew how they were doing, because of the 8 lockdown and they had no means of getting in touch to 9 10 So I think there was -- we had comments from 11 families saving they felt abandoned. We had one parent 12 with a son with autism who would not get out of bed, 13 because he felt his structure, his daily structure, had 14 been taken away from him and he couldn't cope. 15 Q. Are there any other -- before we move on to look at 16 childcare hubs, are there any other key impacts relating 17 to remote learning that you would like to highlight 18 based on the surveys and the engagement you had with 19 parents? 20 A. I think parents were concerned about the kind of social 21 contact and skills and development of their children. 22 So I think particularly parents with much younger 23 children, who didn't go to nursery or didn't, you 2.4 know -- maybe we could talk about it later -- but the 25 parents didn't get to go into the nursery building at

A. Well, we fed back that this was essential and that it

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all and didn't get to go into the school P1 and P2, so there became a disconnect, I would say, for some families between school and home.

- Q. We can maybe touch on that now then. I think you're 4 5 referring to transitions, because we've heard something 6 about that already in our early learning and childcare 7 sessions. You refer to that at paragraph 62 to 66. 8 What were the specific concerns? Obviously, the Inquiry 9 is aware of the importance of transitions, but would you 10 care to elaborate on that, the importance of transitions 11 and what the specific concerns were that the parents
- 12 13 A. I think they were -- the main issue for parents was that 14 they weren't able to visit or see the school or the 15 nursery where their child was going to go. They weren't 16 able to meet at the staff. These are all normal parts 17 of transition and actually parents need to -- that helps 18 parents develop confidence in the people who are going 19 to be looking after their child and helping their child 20 to learn and progress and that wasn't able to happen for 21 several year groups actually and also in secondary 22 school, S1 and S2, so ...
- Q. Have any of your subsequent surveys looked at
 transitions or the ongoing are there any ongoing
 issues in relation to the absence of transition or

the absence of transition or

1 support at that time?

A. We have looked at transitions in the past. We're just doing a survey just now about "How is your home—school partnership going?" So we're going to be interested to see what parents are feeling like their home—school partnership, how the relationship is. But in terms of transition — sorry, I'm losing my thread a little bit here.

9 Transitions they're normally -- they're set piece 10 things that happen. It's a visit for the children, it's 11 a visit for the parents of kind of familiarisation visits . There's talks, meet the teacher or the form 13 teacher in secondary school. There's these 14 opportunities for parents to gather and get a feel for 15 the place where their child is going to be. So 16 obviously, all of those standard things didn't happen 17 and couldn't happen.

Q. Well, perhaps we can then move on to discuss issues in relation to access to childcare hubs, which we've heard something about already. You refer — you discussed this at paragraphs 50 to 51 and one of the matters you talk about is a lack of clarity regarding eligibility criteria. Would you care to expand on that, please, what the specific concerns were?

5 A. So we were -- nobody was clear what the eligibility

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criteria were and we did press Scottish Government repeatedly to offer a definition and I think the answer was that local authorities would need to decide this for themselves.

So then local authorities were deciding it for themselves and it was never clear what the criteria were, what the definition of "vulnerable" was, and we very strongly felt that people should be able to self—refer, because we were hearing from families who were desperate because social services and support at school had been removed and they had nowhere to go.

So we also pressed for kind of helplines to be set up by local authorities. I think that did happen eventually. But the hubs we felt that parents should be able to, as I say, self—refer, but it's still very opaque. We don't know what the criteria were. We believe it was like children with child protection concerns around them, but it's not clear what the

Q. And just related to that, you refer to a lack of uptake
 by eligible children. So even where maybe it was
 clear—ish there was a lack of uptake. Did you get any
 inkling or insight into why that might have been from
 your surveys or responses?

25 A. So less from our surveys. We did ask was anybody

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accessing them, but it was tiny amounts, but I had a 1 2 friend who worked in one and what I understood in 3 Edinburgh was that they were only a few of them across 4 the city. So children who might be deemed to be 5 vulnerable, couldn't actually get to them. So they 6 weren't where the children and the families were and I 7 suspect that's probably the case across Scotland that 8 local authorities decided who to invite and then it 9 wasn't clear that transport arrangements were made 10 available or that it was followed up. Certainly my 11 friend said there was hardly anybody there ever where 12 13 Q. And were the hubs in specific —— were they evenly spread 14 or where were the hubs that needed transport to get to? 15 A. Well, they were — they were quite far apart. There 16 weren't very many of them. Excuse me. There weren't 17 very many of them and they were far apart. So even in a 18 city, I think it was difficult for people to get there.

- 19 $\ensuremath{\mathsf{Q}}.$ And were they static, sorry, were they static or did thev --
- 20 21 A. I'm not sure. I'm not sure anybody knows where they 22 were. There was one in my area, but it was like the 23 whole of north of Edinburgh, I think, so maybe there was only one or two. I don't know. I'm afraid. 2.4

Q. And we've heard about inconsistencies between local

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authority areas in terms of eligibility criteria . Was 2 that something that your parents had any concerns about? 3 A. Well, we had several parents feeling that they needed to access these hubs, ones with children with additional 4 5 support needs, specifically, some with complex needs, 6 and also for the first kind of period of lockdown key 7

workers as well and I guess, I suppose, you know, teachers, teaching staff who also have children were supposed to juggle everything as well.

10 So again, it was impossible to know how it was being 11 decided who could be eligible or indeed how to get in

12 touch to find out. If you were struggling, who did you 13 get in touch with to say "I need help"?

14 Q. And you mentioned that one of the things you promoted 15 was parents — self—referral by parents. What sort of 16 response -- what sort of percentage of parents were 17 wanting that, because there's obviously a potential to

18 overwhelm in the hub schools if everyone said they were 19 eligible? So what sort of percentage were these parents

20 that really needed access in terms of having vulnerable 21 situations?

22 A. Yes, I mean I think I have got statistics on people who 23 felt they weren't managing. I have to sort of scrabble

24 about and see what they were. So I think it's -- so $13\,$ per cent said they didn't have what they needed so in

terms of managing everything at home. So that's one indication. And then how parents were feeling, we had six per cent saying they were not okay all of the time. So you would think that that would mean they were struggling. So we're probably talking, you know, those 6 kinds of percents.

We were advocating that the authority should trust parents to not abuse, you know, a scarce resource. That actually if you had a helpline, if you had people able to say these are my circumstances, I'm really not coping, that that could be addressed or sorted or support could be signposted for these families if it wasn't a hub, but there wasn't anything.

14 Q. Even latterly?

15 A. Latterly. I think they had phone numbers. We did at one 16 point look at the local authority websites and we 17 compiled a webpage of the links to those local authority 18 webpages which had the kind of emergency contact 19 details. So it was kind of more emergency social care. 20 So I don't know how well that operated. I don't know 21 what the uptake was.

22 Q. Before we move on to the next impact, which is impacts of children with additional support needs, that you have already mentioned, is there anything else in relation to hubs or access to hubs that you wish to raise?

1 A. Just the lack of transparency, the lack of openness. It may be that local authorities themselves didn't know what their criteria were or weren't willing to publicise them, but somebody knew and Scottish Government wasn't 4 willing to define or say. So we did try and find guidance on all of these things, but didn't manage to do any of that. Because we were trying to help parents 8 understand whether they might be eligible or not so they could get in touch with somebody and see. 10

I guess it was that gap between government and local authorities and the communications loop as well and whether things were set up so that that could happen.

13 Q. Thank you. If we can move on then, as I said, to 14 discuss any impacts on families with children with 15 additional support needs. I think you discussed this at 16 paragraph 40 to 44. You said I think that they felt 17 more impacted than anyone else and felt abandoned. 18 Would you care to elaborate on some of the concerns that 19 you were hearing about?

20 A. I think it's just the fact of the matter that supporting 21 a child with additional needs at home with their 22 learning is difficult . They get specialist help in 23 school, they have specialist equipment in school, some 2.4 of them will have one-to-one support in school and all

of that was removed.

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I know from my own experience — I have got three now grownup children with additional support needs — concentration spans, motivations, all the things that are a struggle for them, focus, in school, trying to do school work at home is incredibly difficult. So we know those families struggled. We know that they didn't have tailored support that would help them and, I mean, in the end I think many of us, our organisation included, said "focus on learning at home, not doing schoolwork at home." You know, if you can spend time together reading together or going for a walk or cooking together or talking together, these are all learning at home and these are all completely crucial parts of a child's development.

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But parents were very concerned that they weren't doing what was necessary with schoolwork. So you know, there's a lot of pressure. I think when you are child has additional support needs, you feel that even more strongly and also parents with children with additional support needs are used to fairly regular meetings with school staff to look at, you know, progress and support and these things. And that obviously was taken away as well. And then when they did go back to school, the specialists weren't allowed to go into school. And in some circumstances, there hadn't been a specialist in

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- 1 school for 18 months because of COVID restrictions.
 - Q. You mentioned a loss of structure, which you touched on already. You also mentioned a backlog in additional support needs diagnosis. Could you elaborate on that, what is being experienced in relation to that and is that ongoing?
- 6 7 A. I think there's still problems, but it did last a long 8 time, because that does sometimes involve a specialist 9 going into school to do assessments to work one-to-one 10 with the child and then to make referrals. So I think 11 we all know that the mental health services for children 12 and young people are massively stretched and 13 oversubscribed so that wasn't helped at all by COVID. 14 It certainly exacerbated. But, yes, diagnosing, you 15 know, neurodiversity, what tools and IT kit is of use to 16 children, usually a specialist comes in to help with 17 that from the local authority, none of that was 18 happening so, yes.
- Q. And I think you also mentioned lack of or inconsistent
 access to special support in schools. What was that
 inconsistent, was that across local authorities or —
- A. As far as we could see, it was. There were some schools
 and some teachers who did provide the tailored support
 and tailored resources, of course, and some that didn't
 presumably have capacity or that did involve specialists

or specialist equipment.

And they just couldn't work one-to-one with the children, so the specialist, as I said, couldn't come in, whether it be a physio or an OT, occupational therapist, or someone bringing IT equipment or looking 6 at special tools or writing pencils or whatever, that couldn't happen. And also I think some schools have no 8 support department, high schools, or they have a 9 learning support teacher in a primary school or 10 assistants and because there were restrictions on who 11 could go into which classroom and people would stay in 12 bubbles, particularly, I think, for primary that would 13 be problematic, because you wouldn't be able to have a 14 learning support teacher working one—to—one with a child 15 at that time either. 16

- Q. Before we go and consider issues that arose in relation to the reopening of schools, was there anything else in relation to particular impacts on families with children with additional support needs?
- A. I think just that these are the families that often face
 the most challenges and need the most support and to
 help the children and young people learn, they need the
 most input and it was taken away with the lockdowns but
 it was not put back again afterwards. So I think the
 most vulnerable were hardest hit through the experience

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- of COVID and there didn't seem to be for a long time any pecial provision or consideration for that.
- 3 Q. And do you know why that was? Have any of your parents 4 fed—back or had feedback on that?
- 5 A. I don't know. I don't know, no. Some, I guess, the
 6 children hadn't been diagnosed or hadn't been hadn't
 7 had the kind of support that they needed identified, and
 8 hadn't some may not have been in nursery or those
 9 specialists weren't going into nursery, so when there
 10 was transition into school, none of that would have been
 11 identified with specialist involvement.
- Q. In terms of then turning to school reopening, I think
 were there any particular issues arising in relation to
 the phased return to learning when there was, you know,
 some people were still at home and some people were in
 school and not everyday pupils were not in school
 everyday. Were there any particular issues that arose
 in relation to that for families?
- A. I think for it was quite complicated and families with multiple children, it just was difficult I think.
 It was complicated and difficult, and also I guess not knowing. We were at that time, I was watching the daily briefings, I was live Tweeting, listening for the word "school" and "reopening", and we had the massive engagement through Twitter. That's when parents

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latest news so, ves. Q. You touched on it earlier in relation to communication with parents and the focus on health and wellbeing and how could you take into account health and wellbeing if vou didn't know what had been happening during the lockdown. Were there any other concerns in relation to health — focus on health and wellbeing? I think you mention at paragraph 58 about concerns about limited learning. What were those concerns?

really $\,--\,$ that could really switched onto Twitter to get

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11 A. Yes, so we also found that parents had not been asked about their child's learning at home, which seemed to us extraordinary that there wasn't. Not only were they not asked about how their experience had been and, you know, was there anything that the school needed to know, for example, that had happened during the first lockdown, but nor were they asked about the child's learning . So 66 per cent were not asked about their child's learning during lockdown.

> So I think there was definitely a sense that parents felt quite hurt about that. Those that had managed to support the child's schoolwork at home had pulled out all the stops to do it and then there wasn't very much interest in what they had done. So in terms of continuity, it's serious from the point of continuity of

1 learning, and we very much were advocating that in order 2 to have a smooth transition back into school, schools 3 needed to know how families had been during that time 4 and what learning had been happening so that they could, 5 as it were, hit the ground running. But I think they 6 did their own assessments and checks on what learning had been happening so -- so it wasn't really much of a 8 transition back into school. I would say.

Q. And concerns about provision of support for secondary school pupils to complete missed coursework due to lockdown absence. I think you have reference to that in paragraph 52, what were those concerns?

13 A. So there were concerns around what had been made available. The first lockdown, the online learning, what had been made available, because it was quite slow to start in some schools in some subjects, it was very varied. You know, not all teachers had digital skills to enable them to deliver online learning or materials that were ready to do online learning. Some did, some didn't. So I guess it was patchy. Some young people could and would learn during the lockdown period for their subjects for qualifications and some couldn't.

> Then the second period of lockdown, the same thing kind of happened, although over again there was more organisation around online learning and more

opportunities, but it didn't work for everybody and so some young people still missed learning because they weren't in school and weren't -- or weren't getting the support that they needed to focus so -- and then that, obviously, if you've missed coursework for qualifications, it has a knock-on effect. So parents were very concerned about that.

And then later, being absent, as we talked about. when they had COVID or were required to leave that I think five days eventually after they had had symptoms showing to stay at home and them not getting any learning during those periods.

13 Q. Just in relation to that, if children -- when the 14 schools were back, the children that were absent, because of having to self-isolate, was there any 15 16 provision or the particular concerns, is that the 17 concern about support for secondary pupils?

18 A. That's right. And the -- I'm just looking at my survey results but they again -- so this, the survey 6 that 19 20 was, 54 per cent said no alternative arrangements for 21 learning during individual absences had been made, 46 22 per cent said there were alternative arrangements when 23 individual pupils were absent for periods of time. So 2.4 you have got just over half, obviously, saying that when their child was off ill, not necessarily being actually

1 ill but just, you know, doing that period of isolating at home that was required, there was no learning provided for them.

Q. You mention then parental engagement and communication 4 in different -- several different contexts. Specifically in paragraph 38 there was a concern raised about a delay in parents being allowed back into schools for events and meetings and inconsistencies around that. 9 Please could you elaborate on what the concerns were

10 with that? 11 A. So this was a time where and we were asking parents if they had been invited to have parent consultations of 13

some sort or another and also whether they were able to 14 get back into schools. So there was massive 15 inconsistencies and some schools and some nurseries 16 didn't have parents back into the building for many, 17 many, many, many months and well into 2021, even after 18 the summer of 2021, they still weren't having people 19 back into the school.

> So I think local authorities could give -- Scottish Government gave guidance, local authorities could do guidance of the guidance and then head teachers could decide or nursery leaders could decide and they all decided it in various ways. So for us it felt like parental engagement —— although parents had been fully

involved delivering, you know, schoolwork at home with their children in the periods of lockdown, when it came to actually more business as usual, parents felt very shut out. So it was almost like a rollercoaster: full involvement, no involvement, full involvement, no involvement.

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And we were advocating that on the basis that parents had been fully involved in the children's learning, those that could manage to be, the time that they knew most about what their child was learning and we felt that that could be built on because there's plenty of academic evidence that where parents are engaged and involved and informed about their child's learning, children make more progress and have better outcomes. So we were very keen at that — not at that level, obviously, but the communication, the understanding of what your child is learning should be continued because there are a benefit for those — for many children so...

But that just dropped right off when they went back to school. It was how it had been before COVID. Some schools are absolutely brilliant, don't get me wrong, they're really good at keeping parents informed about learning and it's not just about progress reports, it's about having a conversation at home about what a child

has been doing at school that's a bit more meaningful than just getting a "it was fine" type of answer, yes.

So I guess we had hoped for something positive to come in terms of parent—school relationships and communication.

Q. Yesterday the Inquiry heard evidence from School Leaders Scotland, which is a trade union you'll no doubt be familiar with that represents, amongst others, head teachers, deputy head teachers and principal teachers, and one of the witness observed in his evidence that there has been an increase in conflict or I think he termed it conflict between schools and parents, for example, with parents taking the child's side, including disciplinary matters or otherwise. And he thought this might be attributable to a societal change more generally, but possibly also to the pandemic and he noted that there has been a degree of disengagement as well on the part of the parents.

Just given what you were talking about there and the communication and things going back to usual, is this something that you recognise as an issue or is that the same issue or is this a different issue that you think he's referring to there?

A. We do think that the legacy of COVID is enormous for children and young people particularly and then also for

their parents. Just —— I have described this rollercoaster of full immersion where, you know, whether you can or you can't you're meant to take full responsibility for your child's schoolwork, to not knowing anything much about it at all, and this disconnect about being responsible for the learning, responsible for the health and wellbeing. Then your child goes back to school and nobody asks you about how your family has been, if has anything happened, is there anything the school should know, to be aware of, how the child's learning has gone?

So there is a complete disconnect from that. So that kind of rollercoaster, it doesn't always build constructive relationships going forward. I think the vast majority of survey respondents were delighted when their children were able to go back to school and were very thankful of staff. I think people have a short fuse now. I think we were all faced with kind of life or death it felt like it was situation and I think in the context of that, there's a short fuse.

I think for families who couldn't manage the school learning, who didn't feel supported, who felt abandoned, who -- I mean, historically, there have been families who they have had, you know, the parents have had a bad time at the school and they -- that can be passed on to

children in that if the children and the young people feel there's nothing there at school for them.

So there's a whole raft of stuff around disengagement and behaviour and interactions, which is not just to do with parents and children, far from it, it's to do with how did the school approach relationships, what is the offer for young people. If a school is offering primarily academic subjects, that's not going to work for about half of the population in school. So there's a lot, a lot, a lot of research and work around difficulties.

Obviously, it's not acceptable for anybody to, you know, behave aggressively, but actually it's about building relationships building them at the outset, don't wait to be in touch with parents when there's trouble. Build a relationship, build a positive one early on, nursery, primary, secondary. Make sure the communication channels are open, that parents know who to speak to if they're worried. If a parent is upset about —— or if a parent is upset because something is going on at school, there's probably something that the child is presenting at home. It may be that there's an underlying issue. It's about finding out working together. It's not about polarising, you know, parents, staff.

I don't think it's helpful to talk in those terms. 1 It's about how to find a way to go forward. 3 Q. Before we move on to the subject of SQA exams and the 4 alternative certification model and the issues around 5 that, was there anything else you wanted to raise about 6 communications and issues on returning to schools? 7 A. Just that at the heart of it, as I have said, are 8 positive relationships and positive attitudes and 9 respect for one another and that takes an effort. It's 10 not just —— it's not a given, because the child in 11 school everybody feels respectful of each other, it 12 needs a bit more than that. And it did in these times 13 as well and where that didn't happen in school 14 communities, there were problems, those parents never heard from those schools. So it's about best practice, 15 16 17 Q. Thank you. At paragraphs 45 to 49 you discuss issues 18 relating to changes in the SQA exams and the 19 introduction of the alternative certification model 20 which was implemented to address challenges posed by the 21 cancellation of exams. Could you please explain the 22 concern that parents had around this and why they were 23 concerned? 24 A. So I think the alternative certification model it came quite late. We had been asking about it for quite a

> long time. So it came quite late so people -- parents didn't understand the system that already existed, which is basically that teachers do estimate grades. That happens I think at two points in the year. I'm not a teacher, I don't know, but I think there's one in autumn and one, a kind of a verification validation, in the spring. And that gets sent to the SQA to sense-check their marking. I believe is how it operates.

Parents didn't know about that, young people didn't know about that, because it's something that schools don't like to talk about, although I'm not entirely sure why. But I guess they want to distance themselves from SQA results in some way. But because parents didn't know about that, then the alternative certification model came as a, you know, like, "ugh, teachers haven't done this before." But actually teachers would have been doing that all along so it wasn't -

So I think the complexity was around pupils who had missed learning, some pupils prefer exams, some parents prefer exams, tends to be ones that do better. But for those that hadn't been able to do continuous learning that would then lead them to get good estimates probably from their teacher who would like to do a kind of dash at the end, this alternative certification model wouldn't have been a very attractive proposition

I think. So I think there's confusion around it and not having any basis for understanding that this was

something that teachers did all the time.

4 Q. Okay. And then you mention paragraph 48 concerns about the SQA modeling and awarding of grades according to the

area in which pupils attend school. What were parent's

concerns around that?

8 A. I think again what came out of this whole process was a 9 greater understanding of how the SQA moves bands for 10 different grades. So the banding can go up or down 11 depending on how a cohort of pupils has done but there's also a sense check which is against a previous model of 13 a similar school or the same school so there was a 14 massive concern about schools in areas of social 15 deprivation which were being benchmarked effectively 16 against themselves so the opportunity to -- for young 17 people to make progress or do better was artificially 18 constrained by this kind of bench -- sense checking 19 benchmarking, but I think you probably need to ask the 20 SQA about that but that was what the concern was, people 21 hadn't understood that SQA banding for grades goes up 22 and down depending on the cohort but essentially it's a 23 kind of competitive grading system that one year a 24 performance would end up in a different grade to a

similar performance a different year so I think that has

1 led to more discontent about the qualification system and the grading system.

Q. Okay. And then finally in relation to this you mention at paragraph 49 some campaigning that Connect did in 4 5 relation to a lack of consideration of exceptional circumstances by SQA. Could you please explain a little bit more about that?

8 A. So part of SQA appeal system has been as long, as I can 9 remember, that there are exceptional circumstances so if 10 someone is very ill or suffers a bereavement or 11 something, the school can let the SQA know and exceptional circumstances can be applied. That often 13 does, I believe, mean looking at coursework and giving a 14 grade based on that. For whatever reason, the decision 15 was taken that exceptional circumstances would not apply 16 in these COVID years when it was the time when there was 17 most chance that young people had experienced extreme 18 difficulties and challenges, whether it would be mental 19 health or whether it would be bereavement or Long COVID 20 or whatever, so they decided not to apply it so we 21 campaigned hard that they -- this was the very time they 22 really needed to apply that consideration. I don't know 23 why they didn't apply it. Perhaps they thought they 2.4 would be inundated but that's -- that's -- you know. that was what they did. We felt they prioritised their

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1		integrity above the achievements and health and	1	keeping in touch with families, the importance of health
2		well—being of young people.	2	and well—being in families and children and young
3	Q.	Just in terms of the final point that I have on my list	3	people's health and wellbeing. There's still in some
4		to cover with you, and I'll invite you to address	4	schools a resistance to being $$ and probably in some
5		anything else that you might have, is absence rates.	5	families $$ a resistance to being involved in health and
6		You mention it at paragraph 67 and you also refer	6	wellbeing and care and we strongly think that that needs
7		elsewhere in your statement, unfortunately I don't have	7	to change but schools are gateways for all of these
8		the reference for the paragraph, about ongoing impacts	8	services and also they're an essential part of their
9		in terms of absence and behaviour. What were the issues	9	communities so $$ that's not really an impact, sorry, I
10		noted by parents in relation to absenteeism and feelings	10	$\operatorname{got} \operatorname{}\operatorname{I}\operatorname{digressed}.$
11		of abandonment?	11	Q. No, it can be a lesson as well. Ms Woolnough, unless
12	Α.	I think one of our surveys showed that the rates of	12	you have anything to add, I don't.
13		absence were high during 2021 and we know from what	13	My Lord, unless your Lordship does, that's the end
14		schools have told us and the government statistics that	14	of my questions.
15		some children never went back to school. Sometimes that	15	THE CHAIR: No, I have no questions, I'm happy to say, but
16		could be because of parental anxiety or health issues;	16	I would just like to thank Ms Woolnough for her very
17		that can also be anxiety or Long COVID or, you know,	17	helpful evidence. I'm very grateful, thank you.
18		health issues in children and young people but the	18	A. Thank you, my Lord, thank you.
19		there is still a lower attendance rate now in the kind	19	THE CHAIR: We shall take a break for lunch now and we'll
20		of post—COVID years than there was before COVID so	20	come back at 1.45, I believe, so 1.45, thank you.
21		something — something has gone awry for some families	21	(12.34 pm)
22		and some children and young people and they've just	22	(Luncheon adjournment)
23		never come back to school. I think that some —— in some	23	MS VAN DER WESTHUIZEN: Good afternoon, my Lord. I didn't
24		education circles they're called "ghost children" now,	24	see you there, you sneaked up on me.
25		I think. So — and I don't — I know local authorities	25	THE CHAIR: Not at all, good afternoon, Ms van der
20		Tulink. 30 and Fabric Tiknow local authorities	23	THE CHAIR. Not at all, good alternoon, was valided
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1 2		and Scottish Government are focusing on this now and	1 2	Westhuizen. Now, you have another witness for us this
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everyone making sure contact details are up to date,

is $\,--\,$ or APiC, as I think it is known. What is APiC and

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and young people and our main aim is to enable children and young people to have a say in the things that matter 4 to them and, particularly, to be able to make changes in 5 their communities. Often children and young people 6 aren't listened to so that's something we really wanted to make happen so that was based on my PhD research and 8 also the PhD research of some of our other co-founders 9 and we really want to look at practical action to bring 10 children and young people into the discussions around 11 the places that they live and how the environments 12 affect them, because this is often a bit of a blind spot 13 for policymakers, and in research there's lots of 14 evidence but it's not necessarily used. 15 Q. And I'll come to ask you to talk to you about some of 16 the projects that APiC undertook during the pandemic. 17 Can I ask you to, please, outline what APiC did 18 pre-pandemic? 19 A. So we've done a range of different projects prior to the 20 pandemic. Most of our projects are around rights—based 21 research with children and young people or participatory 22 work. So a few projects that we did before the pandemic 23 would include supporting Scottish Government and Play 2.4 Scotland to co-create new versions of what they call the 25 play standard tools for children in young people. And

A. So we're a social enterprise that works with children

1 we have also done various research projects and bits of 2 work with organisations like Play Scotland and Sustrans 3 Scotland to get children and young people's voices 4 around play and getting outside and using their 5 environments.

6 Q. In paragraph 12 and 13, you summarise what you did during the pandemic. We'll come on to talk shortly 8 about the #ScotYouthandCOVID" series, but you say, 9 I think in paragraph 13, that an important project you 10 did was related to play pedagogy and you co-produced the 11 Play Pedagogy Award and I think that was with Play 12 Scotland, who we've heard from this week. Could you 13 explain a bit more about what that project involved? 14 A. Yes. So that project was around improving the

15 experience for primary-age children in Scotland. So 16 Play Scotland is really interested in how play can be 17 used to further that and that's also of something of 18 deep interest to us as well. So we supported them to 19 create a -- like a toolkit for playful learning in 20 schools and then we worked with them to co-create what 21 an award could look like in Scottish primary schools.

> So we did that with a range of teachers from around the country and we convened a range of online workshops to talk about what that should look like, so kind of mapping their journeys from not having done any play

pedagogy to kind of being experts in play pedagogy. Some were right at the start of their journey and some had done a lot of work really off their own back. And it was about how can we create an award that's really motivating for schools and teachers to take part in to improve the experience for their children and what do all of those steps need to look like?

So, you know, educators are the real experts in how this works within the school environment, so we wanted to co-create it with them so we knew that it would work for them and, also, we didn't want it to just be for early years, which is often where play is focused. We wanted it to be something that could work throughout primary school years.

15 Q. And why was that? Why was it important for it to work 16 beyond early years?

17 A. Because play is really fundamental for children. It's 18 really important to their wellbeing. It's one of their UN-sanctioned rights. But it's also a really good way 19 20 of educating children in ways that actually feeds off of 21 their core motivation to learn. Children naturally want 22 to explore and they want to understand things. 23 Sometimes we try to put them into quite rigid structures 2.4 about the ways they're meant to learn that don't always work for them. So play pedagogy is a way of making it 25

more child-centred and developing projects together that don't necessarily have a defined end goal, but through that process of discovery they learn in a way that suits them.

So it's not just something that works for early years, it's actually something that would work for any age of children and that would include secondary school, but we needed to start somewhere. And the word "play" is so often associated with younger children, but actually play pedagogy is really about just child-centred learning and trying to put them at the centre of what that looks like, rather than trying to get children to fit within the existing systems we have.

14 Q. Thank you. We can turn now perhaps to have a discussion about your other main project, which you refer to at paragraph 14 and that's the #YouthandCOVID series.

Before we go on to look at some of the findings of that, could you please explain how APiC came to undertake this project and, importantly, why?

20 A. Yes, so we started to think about the ScotYouthandCovid Project at the end of March and in early April 2020 as we went into lockdown. We, I think like all other organisations in the sector and beyond, there were a lot of, you know, tough decisions that were having to be made, a lot of things were just being cut off. All of

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our work, you know, had been put on pause. And we also knew that there were a lot of other organisations that were having to think of furloughing staff and having to make very big decisions about what kind of services they can still offer.

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So we felt that through all of this, at the same time, children and young people are also experiencing something completely new that there's no precedent for and, just because we're in a crisis , doesn't mean that their participation and their wellbeing isn't important. So we made that decision that if all of our other projects are on the back burner right now, then we've got this opportunity to do something live working with children and young people to find out what are these first days of lockdown like, what's changed for them. what could be better.

And because my colleague who's one of the other co-directors of A Place in Childhood has a background in online qualitative research, he felt that he had the skills to be able to convene something that was entirely online and, therefore, would be fine to do during COVID. So we had a think about how we could make this happen and we just decided to put the rest of our remaining money into trying to get something that would really highlight what's going on in the lockdown from children

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and young people's own perspectives.

So we decided that based on other projects we had done, we could put together as diverse a panel as possible of young people from across the country and actually they could then interact online and we would be able to see what's going on in all of these different places as well and give those young people an opportunity to think about what could be improved from their experience, with the idea as well that that might be something that Scottish Government or other partners might be quite keen to hear, especially considering a lot of existing participatory projects would have, kind of, come to an end for now.

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 m 14}$ Q. And why it was important -- I think you mentioned you put the last of your existing money into the project. Why did you feel it was important to do that?
- 17 A. Because we felt it's so important to have children and young people's participation, because they're the only ones that really know what's going on for them and there might have been other projects going on, we had no idea, but to our knowledge this is something that we could contribute and we weren't sure that anyone else was contributing it. And I think it felt that we had the

expertise to be able to try and do this online. So in some ways we didn't have a lot to lose. We

felt we should really do this for the sake of children's rights and because we have got an opportunity to and we can see a pathway to make it work.

4 Q. You produced a report, "Key findings from children and young people's participation in crisis report". That's 6 been lodged with your statement. I don't propose to go to it now, but could you please just describe the work 8 you've mentioned putting together a panel of children 9 from work that you -- or engagement you had previously 10 had? Could you please describe a little bit about the 11 project, what it looked like?

12 A. Yes, of course. So we convened our panel of 25 what we 13 called "young consultants". They were between the ages 14 of 10 and 16 at the point. We decided that 10 was 15 probably the youngest we felt that we could really work 16 with online, without having done this before, and that 17 10 to 16 age group it would give us a really good 18 insight of what's going on for those young people that 19 are at about that transition from primary into secondary and then those that are also looking at exams and their 20 21 future beyond school.

> So we convened from five different areas. We had five young consultants in each and the areas were Aberdeen, Edinburgh, Glasgow, rural Stirlingshire and rural Falkirk. So we had a mix of ages, we had a mix of

different places and we also tried to get an even gender split to the extent we could. We were also looking to. across the places that we knew we could recruit from, try to find a mix of different types of areas, so different socioeconomic backgrounds of children and young people.

So whilst 25 is not a big number overall, we were really selecting for diversity of experiences to bring to the table so we could have a good understanding of to what extent some experiences might be universal, some might be based on age, some might be based on place or some might be based on other circumstances that the young people were dealing with.

So we brought them together online initially for three workshops. We thought that that would be a good starting point and that is kind of the money that we had to see what would happen. So we convened those workshops in sort of April/May time of 2020 and we tried to keep the questions just really broad, because what we could see happening was that where there was participation of young people, it was a lot of surveys and surveys can collect really great data. But for one thing, young people often don't fill out surveys for a multitude of reasons and, for another, when you're producing a survey for young people to fill out, an

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adult has already decided what it's important to ask about. So we wanted to find out what the young people thought was important to ask about.

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So we had really broad questions such as, what changes have you experienced since lockdown happened? What challenges have you experienced in relation to those changes, and, you know, are there things that have been positive, are there things that have been more challenging? And then over the course of these workshops that also evolved into, what changes did they think could make a difference to their experience? Particularly -- or some of them were bigger changes, such as, you know, actually having a crisis plan for when schools needed to lockdown, the whole country needs to lockdown and we have situations like this, but also just small things that could have been different, such as setting outdoor tasks, especially for, say, PE for

So that was just some of the things they came up with.

- Q. Yes. So you have already touched on some of the things that came out of it. What were the general broad findings and were there recommendations or what was the outcome of the report?
- A. So the broad findings I think was that for the young

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people everything had changed very fast and I think it had for all of us, but it was very difficult for a lot of them to comprehend what was going on and the messaging wasn't really for them and there was a lot of complication and a lot of things to be scared about.

There were also huge changes in the way that education was now being delivered and quite a lot of diversity as well, so pupils were really missing the ability to collaborate with their classmates. Some schools were able to do a bit of live teaching, some didn't seem to be doing any at all. Some young people seemed to have access to good resources, like ipads and things to do their work, whilst some only had access to a phone or one shared device. They didn't all have access to good enough internet or space within their homes to be working.

So some had kind of already disengaged and they thought this isn't going to go on for very long so I just won't bother. Some were finding it easier, because actually having that space from school was really good for their different learning styles or anxieties that they might have or different learning needs they had. So it was quite diverse in the experiences and some were good and some were bad. Some were spending more time outdoors, some were spending less time outdoors due to

various fears.

And also some young people were telling us things like, we don't have paper in our home, which we need to work, but we also can't get paper in the area that we live. We would actually have to travel quite far to get something like that, which we are technically not meant to be doing and then also it's an added expense and not every young person had access to those kinds of resources at home to be able to buy all of these materials.

It was really quite diverse I think in what was going on for them.

13 Q. And you discuss I think the key impacts at paragraphs 22 to 23 of your report and, as you note, some were positive and some were negative and I think you specifically mentioned, as you have already done, some positive examples about being able to spend more time with family, have more time to watch movies they liked or play video games. As you have already mentioned there, the weather was nice and some were able to go outdoors.

> Then you have touched on but in here you also state about some of the struggles that people had at school and I think worried about grandparents. And then at paragraph 26 some specific concerns about remote

learning.

Is there anything in particular about education that they were raising that was of concern?

A. So I think it was, as I said before, some of that lack 4 of ability to actually engage because they didn't have the resources was a big concern. And I think another thing was young people just feeling like they're not 8 getting like feedback on their work, so they didn't really know how to respond if they didn't feel like they 10 were getting that good feedback. And they might have to 11 send maybe an email to a teacher, if they knew how, or they might have to get a parent to help them. Not 13 everyone had parents around, but it can be very 14 difficult when you're that age and you have never done 15 any of this before to even know how to ask a good 16 question to get the kind of feedback and support you 17 need. And then there would obviously be a delay in 18 getting that feedback back and then that feedback might 19 be useful or it might not be useful or you might have no 20 idea how to interpret it.

> So it led to this lag and a lot of frustration and confusion. And we could see that some were already just starting to completely disengage from learning because of just how difficult that experience was for them. It's also just that lack of being able to do group work.

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So something that the young people seemed to really 1 2 respond well to in the project was that on the online 3 environment we were using like Zoom and an online 4 whiteboard platform they were able to get into smaller 5 groups and collaborate on things with people from their 6 area, but also people not from their area. But they 7 said that that's not something they were really getting 8 at school and a huge number of young people really 9 benefit from that kind of working together. So when 10 that was taken away, it made a lot of school guite hard 11 for a lot of people. 12 Q. Thank you. And you mentioned earlier what you had hoped 13 to do. Who was the target audience for this report? 14 Was there a target audience in mind or was this --15 A. Our target audience I think primarily was Scottish

Government, because we were concerned that there wasn't very much done to actually hear what young people needed and what young people were going through. So we thought there might also be wider interest in the work.

And yes, also from, you know, the young people involved, we also wanted them to feel valued and that they had been heard, but we were hoping that Scottish Government would see this as something useful for their planning for if this happened again, but also, yes, how we might respond in the future to some of these concerns

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- Q. And in terms of why it's important to hear from young people, presumably there was evidence being collected from teachers, et cetera about the impacts on children, why is it important to hear from or is it important to hear directly from children or not?
- A. I think it's because children have knowledge that we can't know without asking them. They experience these things day-to-day and they're the ones that can really express how it feels and what their specific struggles are. So teachers and parents they see it from one perspective, but children sometimes see it from a different perspective and add really key details about what's going on for them, but they also often are able to see the solutions to what's going on for them and that might not always come from adults who see it only from their perspective.

I think particularly around things around wellbeing, it's really the children that know how they're feeling and knowing what is and isn't working. So if we don't listen to them, then we're actually missing just a really key part of the picture and also in listening to them, it has a really big impact on their self-esteemand their sense that they are being valued by the services that are meant to support them.

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And I think one of the key things that really came out from this report, but also future reports, was just that they felt that these systems that were meant to be caring for them, suddenly it felt like a lot of the care had disappeared and a huge amount of that care, I think, comes from actually feeling heard and valued. And no matter how much in many ways teachers and parents are trying to do that, like, remotely, in this kind of learning situation, it's very, very difficult for them to actually feel that, if there's not people directly interacting with them and asking "How are you doing?" not just "Here's something I think you should do." It's kind of about how the young person feels and their sense of efficacy.

15 Q. Thank you. And then so just with the target audience in 16 mind, you tried to get in touch, I think, with the 17 Scottish Government. You refer to that at paragraph 34. 18 What was -- what were you hoping to achieve there?

A. So we were hoping that Scottish Government would find it 19 20 useful to have these insights and that particularly that 21 report finished with a set of those small changes that 22 could make a big difference, which I think I have 23 outlined some of already and we wanted government to 2.4 have those and potentially be willing to discuss them 25 and see if there was a route forward.

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Particularly, we thought that there might be discussions that could be had about -- with young people essentially to further define what a curriculum within this crisis might look like that meets their needs, as well as the needs of the system. So we wanted to get in touch to let them know that the outputs existed, but also that there was a further opportunity, if they were open to it, to engage further with our young consultants who were already primed and ready to do this work to 10 think about potential solutions.

11 Q. And what was the response?

12 A. So the response from the Scottish Government was pretty 13 much that everything is in hand and that they didn't 14 foresee us needing to go into another period of remote 15 learning, because this crisis at that time has mostly

16 been averted and can be managed in a different way. But 17 also that if we do need to go back into remote learning, 18 then they will call upon the e-Sgoil platform which 19 should -- which is already created and should therefore

20 fill the gaps. I think that is the crux of their 21 response to us.

22 Q. Okay. You then come on in your report to discuss 23

another -- a second youth and $\#\mathsf{ScotYouthandCOVID}$ 2, 2.4 Children and Young People's Participation through the

Crisis Project. How did that come about then?

A. So we very much felt that this was kind of the start of the conversation, because we had only been able to run a few workshops and it was clear that this crisis was actually — we thought, I think like everyone, it might only last for a few months and then things might get back to more of a semblance of normal, but it was clear upon publishing the report that that wasn't necessarily the case.

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And from getting that report out, I think it was on Twitter, the Children's Commissioner at the time reached out to us and said that they found our work really helpful and asked if there was anything that they might do to support in getting that work out there or thinking further about how young people could be involved. So we had a chat about that and we discussed a bit more about the project and, you know, just what an opportunity we felt we had to continue engaging with this group who are able to give their opinions live on what's happening and the Commissioner agreed that there would be value in continuing the conversation and, therefore, they agreed to financially support us and to support us also in deciding what a future round should look like.

So they supported us so that we could engage more with the young consultants around, kind of, the end of the second lockdown and they commissioned essentially a

- project that was about twice the size to continue that conversation.
- Q. And could you then just again you've obviously explained the methodology and who was involved in the first one, could you please do the same again for this second one?
- A. Yes, certainly. So we reengaged with the original young consultants that we had pulled together, but also some additional young people that wanted to be part of it when others didn't. So it was mostly the same set, but with some slightly new faces as part of the conversation, slightly bigger team and we did something very similar to what we had done in the first round, but we had six workshops, I believe, this time around.

a sense of what has been going on and to kind of fill in that gap, so they told us lots of other changes that had been occurring and what things had maybe been the same, what things had changed and new ideas they might have about how things could be improved. And then we kept the conversation going around what's happening to them now what issues are arising and through these conversations over time what emerged was like a set of

So we started off with looking back at what had

happened since we had finished the previous round to get

themes that were really strongly, like, common amongst

everyone, but certain people had specific interests in specific areas.

So we got to a point where most of the discussions that had been happening in breakout groups were in these place—based groups initially, where they had, you know, in—person links with each other and they knew each other somewhat beforehand, but then we started to get into different groups which we call "task forces" and these were based on the different themes that they had outlined as really important. So we had these new task forces with new teammates that were mixing across areas, sometimes across ages, and they then worked together to put together like set of asks of the Scottish Government that they would like the Scottish Government to know about and to take forward based on things that had been arising for them as important.

So there were quite a few different task forces. I think there was motivation in school, uncertainty, transitions, particularly between primary and secondary, but also out of secondary. There was wellbeing, skills and employment and then also one looking at more local issues that were happening within individual communities.

Q. And you produced a report on the back of that. Again,
 what happened with that report, what was the next stage?

A. So that report it contained a final set of 34 asks that the young consultants had refined through their conversations based under each of those headings and we published that I think it was July 2021 and working with the Children's Commissioner's team and there was a lot more media interest in this report this time round.

So one of our young consultants was invited onto Good Morning Scotland with BBC Radio Scotland alongside the Commissioner at the time and they had a chat about the report and that young person's experiences of school during the time that we had been covering. And then there was also I think it's called the Morning Programme after that, where there was a kind of a round discussion about the report, which I was on alongside some other guests and another young person. And so BBC Radio Scotland had reached out to Scotlish Government to get a response from them to play as part of that work and so we got a response from them in relation to it.

- 19 Q. And you've mentioned the themes and in paragraph 34 you 20 refer to 34 asks; was that part of that project?
- 21 A. Yes.
- 22 Q. And what happened with the 34 asks?
- A. So the 34 asks were in the report and they were what was communicated, I think, in our outputs and also to the

media and in the radio shows.

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Q. And you then go on to talk about a third project which is a series of blogs, I understand. So could you please explain again how you came to do that third project? 4 A. Yes. 5 Q. And what the methodology was? 6 A. Yes. So at the end of the second round we had this list of 34 asks, but we also as part of that had spoken to 8 the young people about what they would want to happen 9 with those 34 asks. And they told us that whilst they 10 thought they had done a really thorough job between them 11 of putting together these sets of asks, they were also really aware that they were only a group of 25 young

12 13 people from specific areas and that there would 14 certainly be young people from other geographic areas or 15 from other kind of experiences that they didn't have 16 that they felt should be contributing to any work that

17 gets communicated further about how we should move 18 forward from the pandemic. 19

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So with their instruction that we should be involving more young people, particularly those that have had potentially harder experiences or from different age groups and different backgrounds to them, we spoke with the Children's Commissioner about what a third round of the report would look like. And so that third round ScotYouthandCovid3 was quite an extensive

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project and it involved various different streams.

So on one hand we kept up regular workshops with our original young consultants, who were kind of steering us through the project, telling us what had been going on for them in the interim and right at those points in time, also sort of, I guess, overall editorial on the project. And then we also convened a set of primary school young consultants. There were 15 of them from the same areas as the older young consultants so that we could hear from current eight to ten years old as well and what had been happening for them. So I think we had two or three workshops with them. But we also had groups -- we had workshops with what we were calling "seldom heard" groups.

So we worked with the Commissioner's office to get in touch with various groups that might have specific experiences that it would be worth sharing and are likely to have been missed so far. So we had two groups of young carers, one in Edinburgh, which we met in person, and one that crosses the Highlands but is based in Dingwall so we spoke to them online, a group of them. We also spoke with unaccompanied refugees and asylum seekers in partnership with the Scottish Refugee Council. And we also spoke to children that had a family member in prison during the pandemic and also

Long Covid Kids who had experienced long COVID during the pandemic and so had specific experiences to share.

And so the project from there was a mixture of convening these new workshops and then producing blogs, sharing those with our original young consultants and talking about those additional insights with them, whilst gathering their additional insights and then, from all of that, we were working together to finalise. like, a manifesto for change, which is what the young consultants and other young people we had spoken to felt should be taken forward as a result of the pandemic. So not everything about it relates directly to what happened in the pandemic, but it's like young people's 14 view of the future of Scotland, having experienced something like this and what they think would be a better future for everyone.

So that was the kind of the very final output of the whole project.

19 Q. And just in terms of the penultimate output, you 20 produced a series of reports in relation to each of the 21 themes or the groups that the young people had 22

23 A. Yes.

24 Q. Had they come up with the groups themselves or was that a combination of them and the Commissioner?

1 A. It was a combination of them and the Commissioner. So they had specifically said that they wanted us to focus on young people that have had experiences different to theirs, particularly experiences that might have been 4 5 harder than some that they have experienced, and they 6 also said that they would quite like different geographies involved. So I think they mentioned, you know, like the Highlands, Fife, Dundee, those were 9 places that we hadn't done any work. So they wanted to 10 make sure this was as close to representative of every 11 young person in Scotland as possible.

12 Q. Could I perhaps ask you, you have it in your report, but 13 just to give us an indication, with reference to the 14 groups, of what sort of impacts or experiences these 15 particular groups were experiencing. Perhaps we could 16 start with young carers.

17 A. Yes. So the young carers, they had had quite a lot 18 different experiences, I would say, from our young 19 consultants and other young people. I remembered that 20 one of the things that was quite difficult for them 21 during a lot of the quite strict rules that we had was 22 that a lot of them applied to children aren't allowed to 23 do things like go into supermarkets or go into 24 pharmacies, but actually for a lot of young carers that is something that's fundamental to their

responsibilities as a young carer. So they would need to actually be fighting their own case that they had to be able to be doing these things, which is obviously incredibly stressful for them and stressful for their parents who they're asking their young people to do this often because they don't have a lot of choices so they felt bad for being in that situation.

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So there was a lot of stress, I think, in a lot of people's families and the young carers were also more likely to have experienced the death of a loved one or severe health difficulties of someone they lived with who was then having to get healthcare during the pandemic, which was obviously disrupted. And then there was also the fact that they would then be maybe going back to school really, really worried about contracting COVID and passing that on to someone vulnerable within their household, but not really having very much choice around that. So there was a lot of guilt and shame and trauma I think attached to that.

And I remember that there was also, because a lot of these young carers would be taking care of younger siblings who might need a lot more support at school. Or also I remember one young person was telling us that their sister wasn't —— like needed to read people's lips and wasn't able to whilst people were wearing masks and

that was a really difficult experience for everyone. And her sister just basically stopped going out, because it was too difficult. And all of this was just an extra strain on young carers who were already doing a huge amount extra that's often not understood. And having the same kind of school experiences as well, where a lot of the extra support that they may have been getting if they were in school was much harder to deliver whilst remotely.

So it was a very difficult and I think also very varied experience for them as well, because these experiences were common across, you know, Edinburgh and the Highlands, but in the Highlands there was also that added level of remoteness that was quite difficult for a lot of young people. And meant that even when things sort of lightened up in terms of the restrictions , it was still very difficult for them to actually meet people and get to places that they might need to get to.

- Q. Thank you. And the other group you had identified or the children and young people identified was the primary school pupils. Please could you elaborate a bit more about what their experiences and concerns were?
- A. Sure. So the primary school pupils, a lot of them were quite young when all of this kicked off, so they weren't necessarily as immediately aware of why some of their

experiences might be related to the pandemic or the seriousness of what was going on. But a lot of what they told us they remembered was really, really missing seeing friends because a lot of them would have been very young. They wouldn't have had mobile phones or even if they did, they wouldn't have had numbers for their friends necessarily. So they went from having friends and seeing people all the time to potentially seeing barely anyone.

And some of them had, you know, good experiences at school and we did hear some really good innovative work with like one young person talking about how their teacher had actually worked really, really hard to make sure that they could still have group collaboration whilst they were learning remotely and used something like Minecraft education so that everyone in the class could be creating something together and having fun and would do things like having an hour where everyone can come together and ask questions everyday. But some it seems didn't get very much teaching at all and it seems like, I think, because they were so young, it's very difficult to teach a lot of things like reading and writing remotely so they didn't necessarily get very much of that.

And I think the other thing that was really strong

from the primary age pupils was they were incredibly frustrated and I think very, very angry. Actually at the time that we were talking, there had been a lot of talk about the parties in Westminster and they were absolutely furious that that was happening. Yes, they really wanted to talk about it quite a lot, because they thought that they had had to follow so many different rules and yet the decision—makers that are meant to be caring for everyone didn't seem to care. That just felt like a massive sort of moral injury to them.

11 Q. Your next group you have is refugees and asylum seekers, 12 what were their particular concerns?

A. Yes. So the group of refugees and asylum seekers that we worked with, they had arrived during the pandemic, but they were not necessarily able to comment on whether or not their experiences were because of the pandemic and I also must be clear as well that I couldn't comment on whether or not things had changed for them because of the pandemic or if this would have happened anyway. But they had quite a lot distressing experiences that they did want to share with us.

So because these young people had arrived unaccompanied they were in state care and a lot of them didn't feel that they had very good relationships with those that were meant to be caring for them and they

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felt that the role —— that the people within Scottish Refugee Council were doing a lot more to care for them than their state—sponsored carers who some of them felt were not really supporting them in getting to know the sort of day—to—day of life in Scotland and how various things work that they really need to understand, like bills and shopping and things such as that. So a lot of them felt quite alone.

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They also commented on how they had arrived in Glasgow together, but then they had been split up and sent to different local authorities and they didn't know why and they felt like they had been separated from people that they knew and I think those that had been put into rural areas very much felt that they wanted to be in Glasgow where they had that sense of community.

But I think the really main thing that came from them is that they really wanted to be able to mix with other young people their own age, but what was happening for them is that they were being put into college to learn English with a lot of people of all different ages, mostly much older. And they said that there's plenty of nice people around, but they really want to be with young people their own age and they want to be learning skills for their future and potentially learning English through more apprenticeship—style

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schemes and getting to interact with others.

I remember one of them talking as well about how they were 16, but they weren't allowed to go to school and they were never able to go to school in their own country and so they were really looking forward to and hoping they would be able to go to school in Scotland but instead they had to go to college and most of the people around them were in their 30's and 40's and that was feeling very isolating for them.

- 10 Q. Thank you. Then you have got a group of young people
 11 with family in prison, if you would tell us about their
 12 experiences.
- 13 A. Sure. So the young people that had a family member in 14 prison, a lot of them I think, very understandably, 15 really struggled with the lack of contact with their 16 family member who they were used to being able to see on 17 at least a semi-regular basis. There was a huge amount 18 of uncertainty about when and whether they would be able 19 to see that person, which was incredibly distressing and 20 very stressful on the family. And they also weren't 21 able to attend the support groups that they were used to 22 attending in person due to the pandemic for a while, 23 which was extra distressing for them.

But the other thing that also came through really strongly from that group, and I think this is partly

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just because of the age that they were, but some of them were going through that transition from primary school to secondary school, which was also very, very disrupted by what was going on and they didn't feel prepared at all for going to secondary school and that some important sort of rites of passage of being able to go and visit your school and get to know everything had kind of been taken away from them and so they were

really worried about that at the time we spoke to them.

10 Q. And we've heard a bit about transitions and how
11 important it is, particularly for different stages, you
12 know, transitions from primary to secondary or early
13 learning to primary; why was it particularly impactful
14 for this group or were they just reflecting how
15 difficult it was for the rest of their cohort as in
16 their age?

17 A. Yes, I think that they were reflecting how difficult it
18 was for their cohort, but I think for them particularly
19 as well having had the experiences that they had and the
20 uncertainties that they were dealing with, I think it
21 was somewhat heightened for them and the — so I think
22 they just really wanted to talk about that, because it
23 was very present on their mind.
24 But I should say we did hear very similar things

But I should say we did hear very similar things from our original young consultants who were

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1 transitioning from primary to secondary school at the 2 time of that first report as well. At that time. I guess they couldn't go really at all and at this point they could do little bits of things, but I remember one 4 of the participants of this group was talking about how they had had a visit from a secondary school teacher to tell them things that they didn't think were really that 8 useful like how to pack their bags, when what they really wanted to know was what does the school look 10 like, how do I get to where I'm going, what are the 11 expectations on me. And they didn't use these words. 12 but it sounded like what they were saying was a lot of 13 what was going on was a bit trivial to the situation 14 that was actually at hand.

- 15 Q. Thank you. And then another group you had, I think the 16 last group, was Long Covid Kids Scotland, you engaged 17 with them as well.
- 18 A. Yes. So we spoke with a group, I think they were
 between the ages of 8 and 16, online with Long Covid
 Kids and we also spoke with their parent/carers as part
 of that as well.

So they were experiencing a huge amount of isolation and I would also say a huge amount of anger from some of them. So I think because there had been so much talk in the press and I think from government as well that COVID

doesn't really affect children and that it's safe for 1 2 children to go back to school. I think it felt 3 particularly difficult for them, because they felt 4 completely unseen and like everyone was just taking 5 their experiences incredibly trivially , like they didn't 6 matter. So there was a huge amount of anger about that, 7 I think understandably, and some of those young people's 8 lives had been really seriously impacted. 9 So some were having better times than others and had 10 school environments that were quite supportive and doing 11 their best to help the young people feel included when 12

they could go in, but some young people just couldn't go to school at all and they felt there wasn't a lot of care and understanding about why that was the case.

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But one thing I did think was really important about what they talked about, especially the older ones, was that the period where there was more remote learning actually in some ways was much easier for them to engage with as someone with a serious illness, because they could do it at their own pace and they could get the materials and they felt like they were missing out less, whereas actually when it went much more back to normal for everyone else it was more of a problem for them because they couldn't balance their energies appropriately and they had -- for those that had exams

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coming up I think it was particularly stressful that they were being expected to either sit exams when they really didn't feel that it was going to be very easy for them or even possible or really frustrated that due to having had COVID and now having Long COVID, which a lot of people were sort of suggesting that young people couldn't have, and that they weren't getting a lot of dispensation for that, but then also their whole lives to them it felt like had been put on pause. At one moment something great was happening for them and then the next it was going to take them three years to finish one year's worth of exams so it was hugely upending for them and their families.

- 13 14 Q. Thank you. Dr Wood, you mentioned the manifesto was the 15 culmination of the work. What's happened to that. 16 what's the next step after that?
- 17 A. So the manifesto we released that -- I can't remember 18 exactly when we released it, but it was quite an 19 extensive manifesto that had a set of I think it was 20 five changes and then a set of principles about 21 basically the Scotland that they would like to see and 22 how they think it could come about.
- 23 Q. Just for reference, it's at paragraph 89 of your 24 statement. I don't know if it's possible to bring it
- 25 up. I think the changes start earlier, so I don't know

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if you need that in front of you, but from paragraph 75 it's heading "Children and young people's manifesto:

future improvements."

4 A. Yes.

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5 Q. Excuse me.

6 A. So, yes, so they had a set of principles about what they would like the future to look like and these principles were equality, understanding, dialogue, care, purpose, and environment, and then they had these big changes 10 related to those and a huge amount of them were related 11 to care in their education and care in the systems that support them. And so we released those as a draft 13 manifesto and the idea -- and the young people really 14 wanted this to be tested with as many young people as 15 possible.

> So we put together a survey and a facilitator's pack to get this out there to as many children and young people as possible to see if they agreed or if they thought there were important things missing or really important things that would need to be taken out of a manifesto that represents what they want from the future. Unfortunately, we didn't actually have the resource to launch it to the extent we wanted to so it didn't -- we have the full manifesto and a huge amount of work has gone into, but it's not actually something

we have been able to test with nearly as many young people as we would like, but it has been something that has fed all of our work since and I think has also contributed a lot to the Children's Commissioner's work around what children and young people would like to see from their future.

As I said, a huge amount of it is about thinking 8 about how education can be much more centred on children 9 and young people's needs and involve them at every stage 10 and help them feel cared for and motivated through it, 11 as well as social and health systems that really meet 12 people's needs at every stage as well.

- Q. Thank you. And then finally, Dr Wood, can I ask you to 1.3 14 mention if there are any lessons to be learned. We have 15 obviously got your statement, but any particular lessons 16 that you think could be learned from either the project 17 that you undertook or just generally?
- 18 A. Yes. So I mean I think there's a huge number of lessons that could be learned and I think that the young 19 20 people's set of 34 asks and their manifesto for future 21 changes I think lay out really a huge number of what 22 those learnings could be.

But I think in summary, from my perspective of working with them. I think the first one would be that there needs to be a plan for if something like this

happens again and it needs to be a coordinated plan with resource and with consistency, because there was just so many different things going on all at once that young people's education and their care didn't seem to be very top priority to be doing something about and it was different in different areas and it was a bit of a patchwork.

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But at the same time, young people had a lot of shared experiences about what could be better, so I think there's a huge amount of learning in if we had to go back to remote learning, having a clear model in place that would still prioritise things like hearing what's happening to young people in their own terms, really caring about their wellbeing, making sure there's opportunities to collaborate and I think also being really careful about what gets taught and how it gets taught.

Because I know some of the reflections from our older young consultants was well that in some ways they feel that the education they had during the pandemic that understandably teachers were trying not to overload them and a lot of them did feel overloaded and it was very overwhelming but they have since realised, like, trying to go to university, for instance, that there were things that were taken out of their course that

actually is now really fundamental for them to know and now they feel behind.

And similarly with exams, we need to have some kind of system sort of what we're going to do with exams that is consistent and is fair and doesn't penalise young people for where they live or for what's going on for them. And I think that a lot of young people felt that that really wasn't in place during the pandemic and they're really worried about whether or not qualifications they have got now really mean as much as if they were got in, say, 2019 or 2024. So they feel a little bit lost in that.

So I think those are a couple of really key things, but I think that that sense of just care and making sure that young people feel cared for is the thing that has really come through all of this work because there's a lot of young people now that feel quite disengaged from school and also, just in general, feel quite disengaged and I think we're seeing it more and more in the work we do in schools. It has maybe leveled off a little bit from their heights of just after the pandemic, but there seems to be a lot more disengagement, absenteeism, young people struggling to regulate their behaviour in the environments that we have and there's a lot of opportunities that they seem to have lost that don't

seem to be coming back or if they have come back, young people aren't aware that they can engage with them again.

So young people need a lot more support now with what they can be doing with their mental health and with their education and I think there's a bit of a tendency to go back to normal, but we have gone back to normal and I can definitely say from being in schools before and being in schools after, it is quite different, the behaviour that you see and what young people seem to be going through and the level of loneliness that we witnessed among young people during these projects, but also that we're witnessing now going into schools. And when, you know, a 13—year—old will actually tell you as a relative stranger that they are lonely, I think that says quite a lot and is quite worrying.

So I think we need to be doing a lot more that is not just about investing in our standard child and adolescent mental health services, but is also about community and young people talking to each other and having opportunities to socialise, to play, to hang out, to be in their communities and to feel valued, because I don't think the breadth of issues that have arisen through this are going to be solved by just each individual young person that needs having access to a

- single mental health professional. I think we need a much more broad strokes and preventative approach than we have at the moment.
- Q. I almost forgot. Just in relation to the SQA and the
 alternative certification model, were there any
 particular aspects of that that arose or were mentioned
 by the young consultants you engaged with?
- 8 A. Yes. So that definitely happened to quite a few of our young consultants that were in older years and from different areas they were also able to kind of compare notes on what was happening in their various schools, so there was a lot of very palpable frustration and anger, particularly around the results that were determined by the algorithm.

We had young people from one area where they were basically saying "I got As, but my As mean nothing because everyone is getting As because of where we live". And then someone who was, you know, on track to get As and then was given all Ds because of the place she lived and was basically saying "It's impossible for me to achieve, because someone has just decided that the place I live means I can't". So there was huge, huge anger and we could see that real diversity of experience from talking with them. So it was clearly incredibly unfair and obviously it did get changed in the end, but

1	the young people I think lost a lot of trust in the	1	SCOTT RICHARDSON—READ: That's right, yes.
2	system from having been through that and having put in a	2	Q. And this can be found at SCI-ARC-000007.
3	huge amount of work in difficult circumstances and then	3	And, Ms Whitelock, your full name, please?
4	that's what happened to them, they were not okay about	4	EMMA WHITELOCK: Emma Whitelock.
5	it at all.	5	Q. Thank you, and you have provided a witness statement to
6	Q. Thank you very much, Dr Wood.	6	the Inquiry.
7	My Lord, I have no further questions for Dr Wood.	7	EMMA WHITELOCK: Correct, yes.
8	THE CHAIR: Very good. Thank you very much. Dr Wood,	8	Q. And this can be found at WT0197. Now, your respective
9	that's all.	9	witness statement and Rule 8 set out information for us
10	We're well ahead of schedule, Ms van der Westhuizen,	10	about your work on supporting people to transition from
11	we're due back at quarter past 3. I know that	11	children's services to adult services. Now, we're
12	Ms Stewart has asked for a little extra time, if it's	12	interested in hearing from you today in connection with
13	possible to come back before then I'm more than happy to	13	this transition in relation to education services.
14	do it, but I don't know if that can be arranged or not.	14	First of all, by way of background, Ms Whitelock, can
15	I will leave it to you to see what can be done, if	15	you please tell us a bit about LEAD, about what its work
16	anything.	16	involves and what your role is, in particular insofar as
17	MS VAN DER WESTHUIZEN: Thank you, my Lord, I will take it	17	it relates to education.
18	up upstairs.	18	EMMA WHITELOCK: Great, thank you for that. Well, unusually
19	THE CHAIR: Very good, if I don't hear to the contrary,	19	I have had eight jobs at LEAD Scotland and I have been
20	quarter past 3.	20	the CEO since 2015 so I have got some strategic and
21	(2.42 pm)	21	operational knowledge about post—school education and
22	(A short break)	22	disability . I guess I lead the organisation taking
23	MS STEWART: Good afternoon, Lord Brailsford.	23	forward our strategic ambition, we support disabled
24	THE CHAIR: Good afternoon, Ms Stewart. Have you got a	24	people and unpaid carers and we support people to move
25	witness for us? You have two, don't you?	25	forward into further learning, volunteering,
	, , , , , , , , , , , , , , , , , , ,		ternal lite factor feating, teranteering,
	129		131
1	MS STEWART: I do, yes, my Lord, we have a panel of two this	1	employability pathways and work. We provide local
2	afternoon, Ms Whitelock of the organisation LEAD,	2	learning opportunities $$ local learning services in
3	Linking Education and Disability, and Mr Read of the	3	nine local authority areas, online opportunities across
4	Scottish Transitions Forum facilitated by the	4	Scotland, we have got befriending services in Fife, we
5	organisation ARC.	5	run Scotland's national helpline for disabled people and
6	THE CHAIR: Very good. Good afternoon, Ms Whitelock and	6	going through transition from that helpline and we
7	Mr Read.	7	support people to have a say via our policy work.
8	EMMA WHITELOCK: Good afternoon.	8	Q. Thank you. Can I ask you what's the profile of LEAD's
9	SCOTT RICHARDSON-READ: Good afternoon.	9	service users in respect of what their needs are, what
10	EMMA WHITELOCK	10	age they are?
11	SCOTT RICHARDSON-READ	11	EMMA WHITELOCK: Yes. Great question. So what I would say
12	Examination-in-chief by MS STEWART	12	the kind of profile is that people are generally $$
13	MS STEWART: Mr Read, can you tell us your full name?	13	learners are generally age 16 right through life into
14	SCOTT RICHARDSON-READ: Do I need to press the button to	14	nineties and we've got different projects giving
15	speak or is it just on?	15	different targeted approaches, but what might be in
16	Q. No, your microphones are on.	16	common with a lot of people is lacking confidence, some
17	SCOTT RICHARDSON—READ: Okay. My full name and title or	17	people lack expectation, not knowing where to start,
18	just full name?	18	what options there are, seeking guidance.
19	Q. Yes, full name, please.	19	We act as a bridge to connect people with their
20	SCOTT RICHARDSON—READ: It's Scott Richardson—Read.	20	ambition and then support people in a person—centred way
21	Q. Thank you. And is it okay if we address you as Mr Read?	21	one to one, often with a home visit to get started and
22	SCOTT RICHARDSON—READ: Yes, it's shorter.	22	from there then first step can be taken, will they be
23	Q. That's what we have been addressing you as so far. And	23	learning at home, learning in the community, moving to
24	you provided a response to a Rule 8 request to the	24	college, employability pathways. It's person centred so
25	Inquiry; is that right?	25	lots and lots of different journeys, lots of partners

1	involved and then we will exit and they will move on to	1	the Divergent Influencers are an important part of the
2	assist in each pathway, if that gives enough of an	2	work that you do. Can you tell us a bit about who these
3	overview.	3	people are and what they're seeking to achieve and
4	Q. It does thank you. In terms of thinking about your	4	influence?
5	title, Linking Education and Disability, are all of your	5	${\tt SCOTT\ RICHARDSON-READ:\ Yes,\ the\ Divergent\ Influencers\ is}$
6	service users, are they disabled?	6	the Sunday name. I tend to call them the DIs because it
7	EMMA WHITELOCK: Most people are disabled and we work with	7	is a bit easier.
8	around unpaid carers, primarily because they experience	8	So the DIs or the Divergent Influencers are a group
9	similar barriers. And when we say "disabled people",	9	of young people with additional support needs who
10	some people don't identify with that label. So we don't	10	represent an intersectional cross-section of young
11	ask people to prove that, but most people would be	11	people that have gone through transition and moved into
12	disabled under the wider definition of the Equality Act	12	young adult life in Scotland. All the work that we do
13	and it's $$ we work with people pan impairment, people	13	strategically is based around the experience and the
14	with mental health difficulties, physical impairments,	14	lived experience of the groups of young people and
15	sensory impairments, you know, really quite a lot.	15	others and young adults that some of my colleagues work
16	We've got a great breadth of people who come and use our	16	with around what it is that makes a difference.
17	services .	17	So the DIs obviously were going through transition
18	Q. Thank you. And one the projects that LEAD was involved	18	during the pandemic, which I was working alongside. And
19	in, was it formed, the Transitions Forum, which Mr Read	19	we have just formed as a group in 2019 and we had our
20	is a part of.	20	first proper meeting in January, I think, just as people
21	EMMA WHITELOCK: Yes.	21	started to talk about the pandemic. So we got to know
22	Q. Can you please tell us, please, tell us a little bit,	22	each other very well and what was going on in those
23	Mr Read, about the forum again, what its work involves	23	years of the pandemic actually and did a lot of work
24	and your own role, in particular, concerning education?	24	together.
25	SCOTT RICHARDSON $-$ READ: Yes, so, my official title is $$ I	25	Q. Thank you. I'll come on to ask you a little bit more
	133		135
1	forgot what my title was there for a second $$ policy	1	about the DIs a little bit later on. I want to focus
2	and development worker or policy development officer for	2	with you both this afternoon on post school transitions.
3	the Scottish Transitions Forum and the Scottish	3	I'm aware you deal with transitions at all ages and
4	Transitions Forum works with organisations like LEAD in	4	stages of education, but for today I want to focus on
5	the third sector and what you would call NGOs, I guess,	5	post school.
6	or voluntary sector organisations, alongside education,	6	Ms Whitelock, could you explain to us what
7	health, social work, employability, Skills Development	7	transitions are and why they're important?
8	Scotland, transport benefits, anyone who has skin in the	8	EMMA WHITELOCK: Well, moving from children — being a yo
9	game to help young people move from being a young person	9	person into your next steps an adult can be a real cliff
10	into young adult life or adult life and we primarily	10	edge for young people and families. So it's really
11	focus within that within the 14 to 25—year—old age range	11	important that they are supported, that the right people
12	with young people. And we use the phrase "additional	12	are in the room, sufficient breadth of options and
13	support needs" because it encompasses all of the	13	opportunities are looked at and that people make

So, yes, primarily we bring together these organisations like LEAD and others. We are a membership organisation, but it's not paid. We have over 1,120 members -- I checked this morning, so that's hot off the press $\,--\,$ who we encourage and help to work together to improve transitions for that particular demographic in

additional support needs that young people might have,

including disability, autism, mental health, et cetera,

et cetera which might have a focus for this Inquiry

Q. Thank you. And you mention in your Rule 8 response that

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us what ant? children —— being a young be a real cliff it's really the right people options and opportunities are looked at and that people make 14 informed choices about what is next. 15 It is also a key time. There is a lot of other 16 scaffolding that needs to be put in place for successful 17 transitions . So it's moving from school into college or 18 $community-based\ education\ or\ employability\ pathways,\ but$ 19 it might also be looking at housing, moving from 20 children to adult services, health, you know, and 21 lots $\,--\,$ there's lots and lots of things going on at that 22 stage. So it's a very stressful time for people. 23 It's also an important time to stick with people and 2.4 support people through it, because it's easy for this

sort of overwhelming period to disengage and so really

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providing continuity of support that's really important. pandemic, it got even worse during COVID. There is 1 2 It can fall down at various parts of it so it's rhetoric around supporting the rights for a young person 3 important to do it, and it's important for families too. to have a voice within the transitions meeting and 4 If somebody has been at school for five days a week and technically young people can call anybody they want to 5 then they move on to and they haven't been supported come to that transitions meeting and sit around the 6 into the next steps appropriately, they may end up doing table to help them move into young adult life and, as something for half a day a week, which impacts not only Emma said really eloquently, it's not just about 8 on that person, there's a waste of their talent and education, employment and training. For these young 9 potential, it may be that family members have to give up 9 people, it's a whole life change. 10 10 work to stay and support people as well, so it can be a A lot of them are moving through precarious 11 very impactful. People worry about it and there is a 11 processes from children's services into adult services. 12 lot of fear around it. 12 which comes with responsibilities for new assessments. 13 And sometimes it goes well, but sometimes it's quite 13 So those adult services might be within social work, 14 challenging, it doesn't go so well and it kind of 14 they could be in further or higher education, they could 15 15 long-lasting impacts if it doesn't go well. As an be within health systems, they could be about learning 16 organisation, we work sometimes with peoples in their 16 to self-refer in terms of physio or OT. It could be, as 17 thirties, forties and fifties for whom that transition 17 you said Emma, about housing, learning to drive, all the 18 pathway didn't go well and really they are still 18 aspirations of a young person. 19 19 And also within all of that transition what the DIs recovering and still don't expect to be an equal 20 citizen, to have the equal opportunities to move into 20 and others that I have spoken to is about the 21 different pathways all through life. So it's important 21 maintaining and furthering of relationships and other 22 people are valued and listened to and have a good 22 things that sit around that whole transitions 23 starting position on that at that stressful time. 23 experience. For a young person who's pretty excited to 2.4 $\ensuremath{\mathsf{Q}}.$ What you're describing is the transition planning that 24 be leaving school that they may or may not have liked in the first place and moving into young adult life, appears throughout your statement, Ms Whitelock, and 137 139 1 I think we can all remember that kind of thing, but for also in the Rule 8 response from ARC. 1 2 Pre-pandemic, Ms Whitelock, what did this transition 2 young people with additional support needs or autism and 3 planning look like? For example, is it an event or a disabled people, that's more complicated because a lot 4 process and who's involved in that? of the picture puzzle or the puzzle pieces sit with the 5 EMMA WHITELOCK: I think I'll pass this one to Scott because 5 professionals that are around that table helping you 6 he's so heavily involved with the rhetoric and I think 6 plan. he can give value by giving a really full answer to this 7 And if they're not there to help you make the 8 8 decision, or if they're not there to let you know about 9 SCOTT RICHARDSON-READ: Thanks. 9 how much funding is happening or how the college's 10 EMMA WHITELOCK: You're welcome. 10 accessibility is or what community opportunities might SCOTT RICHARDSON-READ: So transitions for members of the 11 11 exist, you're not going to know and you're not going to 12 Scottish Transitions Forum isn't an event. It's not 12 be able to make that step, because you don't know what 13 like a "one and you're done" thing. It's not a switch. 13 you don't know. Sorry if that sounds like a bit of a 14 It's not posting a letter . It's a drawn—out process and 14 riddle. 15 it's a process that's supported by legislation, like the 15 Q. That's helpful. 16 Additional Support for Learning Act, and it's primarily 16 SCOTT RICHARDSON-READ: Is there anything you would add, 17 responsibility for transition sits within education to 17 18 draw together appropriate agencies, which is health, 18 EMMA WHITELOCK: It is just you mentioned the Additional 19 social work, college, Skills Development Scotland, 19 Support Needs Act, when you're 16 it's the Equality Act 20 anybody who has got skin in the game of helping this 20 and there are a lot of people -- it may seem like a 21 young person succeed. 21 small point, but it's a huge point. How do you identify 22 That's what the law says and that's what should 22 if somebody says I'm a pupil with additional support

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needs, they then have to say I'm a disabled person,

the word "disability" has a social stigma for some

because they're thinking under the Equality Act. And

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happen, but frequently before the pandemic it wasn't

fully happening and during the pandemic, you can

imagine, if it wasn't happening fully before the

people and they are unwilling to use that. As an

before the young person, it can happen sooner than that.

that needs more planning time and some people even start

to look at transition for that young person around about

the age of 14, sometimes 13, just to make sure that when

they leave school -- they could potentially leave at 16,

I suppose, but usually they would stay on until they're

 $18\;--$ everything is in place in terms of healthcare

needs, social care needs, educational needs, housing

needs, accessibility needs, transport needs, benefit

needs and they fully are realising their own autonomy

And we find for young people with complex health

conditions, in particular, life -shortening conditions,

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2	organisation we try and encourage people to see it as a	2	kind of follow from that, because there's a huge step
3	positive way to open up and access rights and	3	change from being a young person and having your mum and
4	entitlements, but that can be a barrier for a lot of	4	dad help you make decisions in a rights based way, then
5	people, even that small language change.	5	moving into the world of a young adult and all of those
6	Q. Okay. In terms of you mention, Mr Read, there about	6	decisions are now yours, because that's the $$ that's
7	effective transitions not being fully realised	7	your right, isn't it, when you become an adult.
8	pre—pandemic, why was that?	8	So within the transitions process there's also
9	SCOTT RICHARDSON—READ: It's a good question. There's lots	9	technicalities around things to do with capacity to make
10	of reasons.	10	safe decisions to do with welfare and financial choice
11	Q. Probably quite a complex question.	11	and so for parents who don't realise that their parental
12	SCOTT RICHARDSON—READ: Yes, it's really complex and there's	12	rights stop, have to look at things like power of
13	lots of reasons. I should have mentioned we work very	13	attorney and guardianship and other measures to be able
14	strategically within Scottish Government and people like	14	to legally support their young person to be able to make
15	ADES and the strategic bodies that are in help,	15	those choices and that can come as a huge shock too. So
16	education and healthcare to kind of group together under	16	we like to think of the transitions not just for the
17	principles and standards and primarily we've found like	17	young person, though the focus should be on them, but it
18	seven places where it usually falls down and that's a	18	is a transition for the entire family, including
19	lack of information, a lack of coordination, a lack of	19	brothers and sisters, potentially, who might have to
20	planning, people not getting the support that they need	20	step into a young carer role for that sibling that they
21	and we're not necessarily talking about a service here,	21	might have.
22	we're talking about support in the general terms.	22	Q. Very helpful thank you. I want to come to a section of
23	People not planning early enough and nobody really	23	your statement with you, Ms Whitelock. You set out for
24	taking accountability of the process and it is not just	24	us, starting at paragraph 9, about the impact of the
25	one person's responsibility or one profession's	25	closure education settings had on transitions and you
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1	responsibility . The responsibility sits across multiple	1	speak at various points throughout your statement of a
2	different professional areas that each have a role to	2	break down of transition pathways. Can you tell us what
3	play and, if any of these are out of sync or not	3	it is you mean and it's a phrase you've used this
4	working, it will compound the issue, so you can imagine	4	afternoon, "a transition pathway", what's meant by that?
5	that lots of those fell by the wayside during COVID.	5 1	EMMA WHITELOCK: Well, in this case going from school to
6	Q. In terms of the timing, as you said, it doesn't always	6	what's next, you know some people their transition
7	happen early enough, at what point in a child's school	7	planning halted so then that impacts on the pathway or
8	education would transition planning commence?	8	the transition planning may have started, but at the
9	SCOTT RICHARDSON—READ: By law?	9	point when, you know, the ${\sf COVID-19}$ locked everything
10	Q. For them to consider post—school transitions?	10	down, then it had to change. But people weren't
11	SCOTT RICHARDSON—READ: But law, it should happen at least a	11	initially around to talk to what that change might look
12	year before the young person is due to leave school, but	12	like and so some people disengaged and that was let to
13	that doesn't mean it has to happen at least a year	13	be happen and so.

And there was -- some people were furloughed, as you know, which meant -- we talked earlier about that kind of scaffolding of support and if somebody was seeking mental health support as well and they couldn't access that or it was very, very limited, we noticed that really -- those problems became amplified for some people, which meant they weren't in the right head space to continue.

and their right to have a voice in the meetings that

So these are some of the challenges.

Moving online, for some people they thought, well, \boldsymbol{I} have been asking to go online and I was told "no" and now I can, great. And for some people this was a big

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exclusion is statistically worse for disabled people. And during the pandemic, just because you may get access to a device, doesn't mean you know how to use it and go straight into using it to learn. If you had agreed in-class support as part of your transition pathway and planning and that then wasn't available, then it's down to there a family member to

barrier . You know, the digital inclusion $\,--\,$ digital

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support? Some people reported -- parents phoned the helpline reported that young people were very anxious. There was a young person with autism, for example, who didn't want to put their camera on and found the whole thing quite stressful . There was lots of different examples about the pathways being, you know, from parents coming --

But I don't know if I can mention it now, but one of the things I mention later on is that the sector to some extent had shrunk a bit in that there were less provision. less places for people to move on to. If we think about community learning and development for example, that's a sector that has had reduced funding over a long period and in the CLD plans between 2018 and 2021, it was noted in an aspect review by Education Scotland, as I wrote, that actually there weren't very many options for young disabled people.

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That's potentially -- that could have been a strong pathway for people during this period, smaller groups. you know, local availability, but that wasn't necessarily to be there, because that sector wasn't targeting it . So that means, I guess, there's a lack of available pathways and those pathways change, look different or weren't there.

We were trying to have some people move into volunteering, that can be added value to learning, active citizenship volunteering, but furloughing meant very few places were available and there was a lack of support for these to happen. And then some things don't translate well online. If you're doing a practical course, it's hard to translate that online. I'm sure I know there's more.

Is there anything you want to answer in there while

18 Q. I was going to come to you, Mr Read, you've mentioned, Ms Whitelock, about the role of other professionals and 20 you've give examples of social work, health and 21 education working alongside each other.

22 EMMA WHITELOCK: There's one more. Just the idea about a pathway can be supported by different professionals and what you find is that colleges and health and social

services may not agree who's responsible for what

aspects of this and that worsened during COVID we noted 2 as well

Q. And did that cross-sector working worsen? You mentioned 4 furlough, is that the reason that it was more difficult?

EMMA WHITELOCK: Yes, I would say we felt a little bit more as an island as an organisation at times, because people we were used to dealing with to support transitions had 8 been pulled away to do other things now. It's 9 understandable, we understood that, but of course it's 10 impactful in that then some of our staff were feeling. 11 well, what, should they step into different roles or 12 they feel more alone. And it's frustrating for people

13 to think I can't move this person on, because I can't 14 get to the right person or to the right opportunity.

15 That all changed so that was quite difficult.

> Q. That's helpful and just thinking there on the theme of other professionals and them being, as you say, pulled away to other roles, I want to come to you on that very point.

Mr Read, ARC has published a report of a survey undertaken in connection with the views of parents and carers about the impact of ${\sf COVID-19}$ and the lockdown on transition planning. Now you have summarised the findings of that -- those surveys very helpfully from page 9 and following of your response and they're also

on ARC's website for anybody who wishes to look at 1 2 those. At page 13 of your Rule 8 response you're setting out the findings of that parent's survey and you mention that there was a lack of allied health 4 professionals. 5

How did this impact the ability of children and young people to have a transition, either into education or between education services?

SCOTT RICHARDSON-READ: Again, a complex question, because different young people are engaged, as we've already kind of discussed, with different professionals around the table. Allied health professionals, like educational psychologists or speech and language or OT or physio or mental health services, is probably the ones I'm primarily focusing on when I say this, but there are others. That's not all of them.

They, like other professions, were drawn into crisis situations within the pandemic. So for instance people who were getting physiotherapy for cerebral palsy that would stop, because you couldn't actually go and deliver it, which meant that people had a lessening of their physicality . That's not a very good phrase, but their ability to get around was lessened.

The mental health service is really, really hard to access and for people who -- especially young people who

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SCOTT RICHARDSON-READ: Yes, in short. Imagine if you're a are very anxious and video technology is new and kind of 1 2 inaccessible or the family are in poverty, which is very anxious young person or somebody that needs more 3 there's a huge intersection between being disabled and support and that support is taken away and it's put on 4 being in poverty, they didn't have the digital equipment 4 pause because people, and as Emma said, understandably, 5 required to enable young people to have video call have pulled into different formats of crisis, this work 6 that needs to happen for this young person is put on mental health support services from allied health professionals. So that fell away too and fell onto the pause and they can't necessarily connect with some of 8 shoulders of the parents and the families that were the tools that we put in place such as -- I think we all 9 supporting them. remember, is it, Zoom or Teams that we're using? All of 10 10 those things, because of digital exclusion and poverty, Speech and language are absolutely fundamental when 11 it comes to the transition between, for instance, school 11 and it's the intersection of all of these different 12 and say a community space, because the speech and 12 things that really impact a lot of the families. 13 language professional is the one that holds the key to 13 So personally I don't think you can look at this as 14 the communication for that young person. And even 14 a one single issue when it comes to transition. A lot 15 though there is a standardised approach with board maker 15 of the young people I was working with or two of the --16 or picture symbols, these can be different for every 16 [Redacted] 17 young person that uses them depending --17 (A short break) 18 Q. Can you tell us -- I'm sorry. I don't want to interrupt 18 (3.37 pm) MS STEWART: Good afternoon, my Lord. 19 your flow there, but you have just referred to two tools 19 20 I assume that are used. Can you just explain to us what 20 THE CHAIR: Good afternoon again, Ms Stewart. 21 they are? 21 MS STEWART: There was, as I said just before we broke 22 SCOTT RICHARDSON-READ: Yes. So they're just -- simply, there, a breach of our restriction order, but I am 22 23 they're kind of picture symbols that express, like, 23 advised that has now been resolved and we're able to 24 2.4 "stop", "I'm unhappy", or "lunch" or "toilet" or they continue. 25 help people communicate and it's like also known as a 25 Thank you. Mr Read, I was taking you there to a 149 1 PECS board. You might be familiar with them when you 1 section of your Rule 8 response at page 11. 2 2 have seen people pointing at pictures to kind of Ms Whitelock had been speaking there about barriers to 3 represent what they want to do. online learning and you had spoken about the removal of 4 They're not all standardised across the piste for allied health professionals from certain of their duties 4 5 young people. Young people use different symbols, 5 in connection with these children and the impact of 6 sometimes symbols that they have created for their own 6 that. 7 particular challenges or barriers, and speech and At page 11 here you say "I think ... " Sorry, I 8 8 language therapists hold that information and help that should explain this is the contribution from a parent 9 information travel with the young people to wherever 9 and you're quoting from a parent who responded to your 10 10 they are transitioning into. So for instance, those survey and they say: 11 11 "I think school should have been extended for a year communication aids might be taught to college support 12 staff so they know what the particular thing means and 12 for our guys especially." 13 13 it's speech and language have a particular role in that. Is that a concern that was expressed strongly or 14 So as they fell away, it almost prevented young people 14 repeatedly in response to your survey by the parents? 15 from having a voice, because this is the way that they 15 SCOTT RICHARDSON-READ: It's a response that's expressed 16 would be working with other professionals in the system. 16 often. There is precedent within the transitions 17 So, yes, there's loads of examples where people 17 process for that last year of a young person to be at 18 weren't able to access that support. Those are few of 18 school to do a lot of that kind of further learning that 19 19 helps them be independent outside of school. So it 20 20 Q. In terms of the impact on a young person, there you have could involve things like travel training or self care 21 mentioned the impact perhaps on mobility or the ability 21 or -- so without that last year being at school, a lot 22 to communicate, am I to understand your evidence is that 22 of those skills aren't learnt or aren't managed or a lot 23 this pause in that provision impacted their ability or 23 of the learning that that young person might be able to 24 2.4 their readiness to transition to another form of

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achieve isn't achieved.

So a lot of parents asked to -- and Emma might be

education?

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able to come on this from a lead point of view —— extend even or add an additional education year to make sure that that learning is embedded or especially focus on those skills and that involves a lot of the transitions planning in that year. So if we reflect back to young people should be supported to transition from school according to law at least a year before they're due to leave school, it's that year where often a lot of the professionals and allied health professionals and others and third sector organisations get literally around the table with the parent and young person and/or carer and start that planning.

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There's also the information that should be passed on. There's an information duty. Six months before the young person is due to leave school, the school has a duty to pass on the information to whichever service that they're moving to next. So that would be passing on information to the college. So without that year, that process doesn't happen, or it does happen, but it was happening during COVID, during video calls and we have already discussed how a lot of that was inaccessible or parents were having to sit with their young person to help them manage the online classroom setting or they weren't getting it or, yes, so like a different kind of change.

But for some young people it took away all their anxiety as well. So that at home schooling situation, school is their safe space, it's expressed in the findings of the report too that it is a young person's safe space, especially if they find school challenging and people were worried that that would then become the norm and they would lose all of the skills that they would need to engage with college or employment or training or further life opportunities, because they feel very comfy with their families and they're not having to kind of stretch themselves a little bit or challenge themselves when it comes to things that they find anxiety provoking or that kind of end of school.

Has that answered your question?

Q. It does, thank you.

I want to think to come to you, Ms Whitelock, just in relation to the breakdown of transition pathways and you have explained to us both of you already the impact of that on the learners and a little bit about the impact on the families, but what was the result of that?

What was the impact of that breakdown? Were people just left? Was there more pressure on parents and carers,

23 for example?

 $\,\,$ EMMA WHITELOCK: Yes, and some people disengaged, you know.

I think further down our statement you'll see that we

stepped up and tried to run befriending services for some people to see if that would kind of keep people engaged to then go back to learning. So some people did engage —— disengage and I think some parents spent a lot of time trying to fight and ask for answers as well and some people phoned the helpline quite worried about the fact they couldn't get answers or the transition —— as I mentioned, transition planning had started, it had been agreed, and then had to change, but they weren't sure how or the new terms weren't suitable. How do they renegotiate? How do you re—contract when the person is midway when you are not quite one thing or another?

I'm aware that some people — obviously when lockdown was there, there was no need for travel training, but in the space between school and let's say going to college, there can be a need for travel training. And so when you're ready to go back to in—person, how does that then get started at that later point? So some challenges around that.

I need to look into it further, but for some people there were some interruptions to their qualification profiles which of course is important going forward. So we are aware of some people accessing our adult services who don't have qualifications, they didn't finish them at school and we were aware of some home learners,

again, who didn't finish them at school and they're now seeking to do that as an adult. So it breaks the momentum for people as well and it takes quite a strong network to continue to move forward in that, but for some people they maybe don't have that resilience at that point and then you're sort of starting again.

I am not sure if that answers your question.

Q. It does. In terms of the helpline you mentioned, did

transitions or particularly post—school transitions

feature heavily in the requests and the queries you got?

EMMA WHITELOCK: Yes, they do anyway actually, they do.

It's sort of an impartial space for people to understand what's reasonable to ask. We don't necessarily go into the rooms with people, but parents will phone up and I noted that from asking my team some parents are sort of outraged with the lack of provision. I mentioned that cliff edge at the start. So the lack of provision for the young person, it almost seems that the more support you need to learn and perhaps the lower level of an —— the lower the level you're learning at an academic level, the less support available, the less options for you to move on to. And so that was a problem before the pandemic amplified through it and it's still a problem.

Q. Thank you. I want to finally just ask you, Mr Read, about the Divergent Influencers you mentioned at the

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outset of your evidence. You've set out again in your Rule 8 response that they created podcasts and they published a magazine called Quaranzine. The magazine contains artwork, poetry and prose that sets out their experiences during the lockdown and the Inquiry has a note of that. I can quote from one contribution there. It says:

"There has been a mixture of negatives and positives of living life during lockdown. Examples of negatives was being told I wouldn't be able to do at the final exams, which was a major anticlimax. This would have been an opportunity to improve my final marks. I also felt really lost during lockdown due to my routine suddenly being changed. It had an impact on my mental health. I felt anxious going out and at risk of catching coronavirus."

And there's not a particular mention there of transitions, but I wondered if you could summarise for us, Mr Read, if you feel able to speak on behalf of the Divergent Influencers, what they consider to be the impact the pandemic and the pandemic response had on their transitions.

23 ${\sf SCOTT\ RICHARDSON-READ:\ They\ could\ probably\ tell\ you}$ 2.4 themselves. I think it would be best coming from them 25

and I think they have already spoken to some of your

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1 counsel already.

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Q. Yes, in relation our Let's Be Heard project has been in touch of with the Divergent Influencers. So it may be that you feel able to offer something just now on their behalf or it may be that you would rather leave that engagement to them.

SCOTT RICHARDSON-READ: I think overall they have been really anxious about it. Some of them have -- are still not over the pandemic and the anxiety that that brought with it. Some of them when the pandemic was happening were leaving post and food delivered in their vestibule room because they could close the door between the outside and the inside for three days because that was the advice that they were given so they wouldn't catch COVID and these are people with life—shortening conditions and COVID would have been fatal so you can understand that huge anxiety. Couple that with everything and the mixed messages they were receiving, the anxiety was running really high on the tail end of the pandemic. All of them feel I would use the word "gaslighted" quite significantly by, "Okay, it's fine to now go and do things" and they are hearing still about different strains of COVID, they are plugged into that news, so for them it's been very, very complicated and

nerve-wracking. And also, I guess on the other side of

it, as a positive, it has made them realise, as Emma said, that a lot of them were fighting for accessibility within university classes because some of them have gone to university and college and flat no, we do not deliver classes online, flat no, pandemic happens, oh, do you know what, we've managed to suddenly provide everything that you were asking for because the majority of people now need it and if anything it has probably galvanized them more to question the decisions that are happening around disability and autism and accessibility and equality and inclusion and what that actually means for them but, yes, they will $\,--\,$ they will be able to tell you themselves and if you want to listen to the podcast,

15 Q. Thank you. We have the podcasts and also the copies of 16 the Quaranzine which I mentioned which we will of course 17 take that into account but that was helpful for you to 18 set that out for us. Just in closing, I want to ask 19 both of you if you consider there are key lessons that 20 should be applied to address and perhaps mitigate some 21 of the impacts you've spoken about there, some of the 22 long-term and ongoing impacts perhaps, and I'll come to 23 you first, Ms Whitelock?

it's kind of clear, I think, from that.

24 EMMA WHITELOCK: Yes, one of the challenges I think at lockdown was everything had to happen so quickly and

1 there wasn't time to involve people as fully as we might 2 do so perhaps the lesson learned is whilst we all seek to involve people meaningfully in the service design, and, you know, I guess in relation to transition 4 pathways to make sure things were going well, that the speed of the change meant that didn't happen and that meant that a lot of people were left frustrated. 8 anxious, powerless really in that situation and so it kind of goes against the grain of having persons centred 10 transition pathways so perhaps a lesson learned is to 11 seek to try and make sure people have more of a say at that stage and to recognise the impact that it's not 13 just a one thing but mentioned at the start it's a whole 14 scaffolding of things and for some people it's more 15 compounded and to actually think how can we make sure 16 that those people are receiving extra support. I 17 mentioned a minute ago, the more support you need 18 perhaps for some people, the less options and support 19 that's available . Some people -- it's a commitment that 20 there will be a post-school transition for people, it's 21 not a complete guarantee, and we are aware of some 22 people who don't -- who actually do fall through the net 23 and don't move on to a post-school destination so I 24 think if we get it right for the group of people who are

the most marginalised and most excluded and who have

1 been hardest hit in this situation, then we're more more lack of funding and transition is just one element 2 likely to get it right for everybody. So I think we've of a huge health and social care service that is 3 mentioned some more lessons learned in my statement but, massively underfunded and it's gone past -- it's gone 4 you know, at the heart of it we had to revert back to past efficiency savings and it's gone into real cuts and 5 the "doing to" people rather than "working with" people if there was a pandemic next month, I think the response 6 to some extent and that was just -- it's very would be even worse than it was in 2020, 2019, because frustrating for people so I think it was quite of what's been happening to health and social care 8 negatively impactful and took us back the way probably 8 services in Scotland since then so the rest of the 9 around people feeling valued and trusting the very 9 things are in the report in the section 8. 10 10 agencies that people need to trust in order to move Q. Thank you. Thank you very much. And thank you both. 11 things forward so I think we probably will see the 11 My Lord, I have no more questions for the witnesses 12 ripples for a while to come, so, yes. That probably 12 unless your Lordship has anything to ask or observe. 13 wasn't very eloquent, sorry, I can perhaps give a fuller 13 THE CHAIR: No, I have got nothing to ask, thank you very 14 answer afterwards --14 much, Ms Stewart, but I do have something to observe. 15 Q. Yes, if you think that would be helpful to provide an 15 And thank you both, I should say before I say this. But 16 answer to that particular closing question on key 16 turning to you, Mr Dean, can I thank you for your 17 lessons, then please feel free to do that but as you say 17 bravery frankly or your candour in saying to us at the 18 we've got some note -- a note of them in your statement 18 end of the evidence, this is in relation to DIs, "you would be better let them tell you yourself, go to the 19 but if that's something you want to do, by all means 19 20 that would be helpful. Mr Read? 20 people that experienced this". I would like to reassure 21 SCOTT RICHARDSON-READ: So many. I think there are lessons 21 you that I actually agree with that sentiment and it has 22 in how everybody responded to the pandemic and I think 22 been something that I have been thinking about quite 23 one for me is the lack of agile systems and I think 23 hard as I have listened to evidence not only of you but 2.4 if -- something for me, if another pandemic comes 24 of other people who have contributed to this particular 25 around, how do all of the people involved in transitions 25 sector of the Inquiry. We have a very significant 1 become agile and respond and it has clearly pointed out 1 repository of statement and informations from people 2 2 collected by Let's Be Heard, which I think you alluded that the transitions happens within multiple different 3 processes within bureaucracy and legislation and to and have heard of, many thousands of such things, and 4 strategy and all of this stuff and at the end of the day including persons in the category that you mentioned, 4 5 it's just a young person wanting to do what they want to and I'm going to take particular care to ensure that in 6 do with their life and for young people -- or disabled relation to DIs, we seek out some of that information, 7 young people or autistic young people, it's infinitely I'm sure the team that's doing this will be doing this 8 more complex and how do we have a system around that 8 in any event but for the avoidance of any doubt, we're 9 young person that's not only agile but also gets them 9 going to look at that very carefully so we can reflect 10 10 what they want to do and where they need to go to not what you said secondhand, that is not a criticism of 11 effectively and that's where the pandemic really shone a 11 you at all, but so we can reflect what these people said 12 light where the friction kind of wore away these things 12 themselves and we get it very bluntly and very plainly, 13 that people rely on. But also there were lessons that 13 so I hope that's of some reassurance to you. 14 we all learnt about accessibility and I just want to 14 SCOTT RICHARDSON-READ: Yes, thank you. 15 reflect on we were able to make all university classes 15 THE CHAIR: Good. Right, with that, thank you both again 16 available online and that is a huge thing for -- not 16 and that brings us to an end of today's proceedings, 17 everyone's cup of tea but granted it's the ways that we 17 thank you, Ms Stewart, and we're off until Tuesday so I 18 started to look and care for each other and recognise 18 hope everyone enjoys the weekend. 19 that there are vulnerable people in society that need 19 (3.56 pm) 20 support, huge lessons there, I think, and COVID really 20 (The hearing was adjourned to 10 am on Tuesday, 12 November 21 shone a light on all of that and we are not -- we've $\,$ 21 2024) 22 stepped away from all of the rhetoric around that. We 22 23 used to clap for people, I can't believe some of that 23

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stuff now, and now we know that the health and social care system are experiencing even more cuts and even

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